

LAUREN A. STUTTS

PO Box 5000
Davidson, NC 28035

704.894.3011
lastutts@davidson.edu

ACADEMIC POSITIONS

Davidson College, Davidson, NC (2012–present)

- Director of the Center for Interdisciplinary Studies (2023 – 2025)
- Interim Director of the Center for Interdisciplinary Studies (2022–2023)
- Associate Professor, Public Health Department (2020–present)
- Assistant Professor, Public Health Department (2017–2020)
- Visiting Assistant Professor, Psychology Department (2012–2017)

University of North Florida, Jacksonville, FL (2012)

- Adjunct Faculty Member, Psychology Department

University of Florida, Gainesville, FL (2007-2008)

- Adjunct Faculty Member, Department of Clinical and Health Psychology (2008)

EDUCATION

Brooks Rehabilitation Hospital, Jacksonville, FL (2010–2011)

- Clinical Post-Doctoral Resident
- Specialization in medical rehabilitation populations

Medical College of Georgia/VA Hospital, Augusta, GA (2009–2010)

- APA-Accredited Internship
- Health Behavior Track with a specialization in chronic pain and spinal cord injury

University of Florida, Gainesville, FL (2005–2010)

- PhD in Clinical Psychology, Health Track
 - Dissertation Topic: Investigating Patient and Healthcare Student Characteristics on Pain Assessment Using Virtual Human Technology
 - Advisor: Michael Robinson, Ph.D.
- MS in Clinical Psychology
 - Master's Topic: Communication of Implantable Cardioverter Defibrillator Recalls
 - Advisor: Samuel Sears, Ph.D.

Davidson College, Davidson, NC (2005)

- Bachelor of Science in Psychology; Medical Humanities Concentration
- Magna Cum Laude; Honors in Psychology
 - Thesis Topic: Effects of Chronic Illness on Elementary School Children's and Adults' Understanding of Psychogenic Bodily Reactions
 - Advisor: Ruth Ault, Ph.D.

COURSES TAUGHT AND INTERESTS

Overview of Courses

Course	Location	Year
PSY220: Health Psychology	Davidson College	2016–present
PBH370: Nutrition, Bodies, and Health	Davidson College	2016–present
WRI101: Resiliency & Health	Davidson College	2015–present
PSY354: Medical Rehabilitation & Disability	Davidson College	2013–present
PSY244: Child Psychopathology	Davidson College	2013–present
PSY101: General Psychology	Davidson College	2012–2015
PSY314: Clinical Psychology Methods	Davidson College	2014
PSY242: Educational Psychology	Davidson College	2013
PSY230: Personality	Davidson College	2013
PSY243: Adolescent Development	Davidson College	2012

Independent Study Supervisor (11 students)

Course	Year
PSY330: Fitspiration	2023
PSY330: Positive Psychology	2022
PBH396: Fatphobia and Women’s Reproductive Health	2021
PSY330: Psychological Adjustment in Individuals with Amputations	2021
PBH396: Gastrointestinal Disorders and Well-Being in College Students	2020
PBH396: Nutrition	2019
PSY330: Childhood and Adolescent Obesity Interventions	2018
PSY330: Therapy Animals	2016
PSY330: Self-Compassion in College Students	2015
PSY330: Individuals with Amputations and Low-Cost Prosthetic Design	2015
PSY330: Positive Psychology	2012

RESEARCH AREAS

- Body Image and Health
- Adjustment and Positive Outcomes in Rehabilitation Populations
- Stress & Resiliency

MENTORING UNDERGRADUATES

Academic Advisor (73 students)

- Served as a CIS advisor for 1 disability studies major (2023-2025)
- Served as a CIS advisor for 6 public health majors (2016–2022)
- Serve as a holistic advisor for 10 students (2019–2021)
- Served as a summer academic advisor for 30 students (2019)
- Served as a holistic advisor for 10 students (2015–2017)
- Served as a psychology major advisor for 18 students (2012–2015)

Undergraduate Research Students from Davidson College (42 students)

- Class of 2026: McLaurin Hull
- Class of 2025: Jose Martinez Quiroz, Adele Zhang, Ashley Allushuski

- Class of 2024: Kimaya Gracias, Chale Jacks, Sarah Todd Hammer
- Class of 2023: Heidi Meyer, Liz Simms
- Class of 2022: Hannah Cha, Siena Senn, Helen Zhang, Izzy Pilot
- Class of 2021: Emily Rounds, Margaux Blanchard, Olivia Rostagni, Lindsey Stauber, Rebecca Helfant
- Class of 2020: Luis Toledo, Katelyn Bruhjell, Christina Song, Sara Lin, Noah Satterfield, Seeley Yoo
- Class of 2019: Kianna Speight, India Little, Isabella Pallotto
- Class of 2018: Laurel Sheffield, Katherine Maultsby, Emma Granowsky
- Class of 2017: Allison Hancock, Mary Monroe
- Class of 2016: Akanksha Das, Brigid Behrens, Haley Rhodes, Maryanne Smith, Katie Farrey
- Class of 2015: Adam Stanaland, Meredith Nakano, Grace Lee Simmons, Sarah Bills, Savannah Erwin

Undergraduate Research Students from Other Institutions (21 students)

- Class of 2024: Aaleayah Odom (Livingstone College)
- Class of 2022: Janina Mayers (Saint Augustine's University)
- Class of 2019: Celeste Campbell (Gettysburg College)
- Class of 2017: Jennifer Acosta (Duke University), Elizabeth Hadfield (Duke University), Damara Garcia-Garcia (Johnson C Smith University), Natoshua Kamara (Johnson C Smith University), Erin Jackson (Furman University), Sarah Mickool (Furman University)
- Class of 2016: Meghan Althoff (Furman University), Victoria Guinn (Furman University),
- Class of 2015: Marleen Jones-Pool (Duke University), Meredith King (Duke University), Noura Elsayed (Duke University), Jason Pecorella (Furman University), Simone Lawson (Johnson C Smith University), Corey Smith (Johnson C Smith University)
- Class of 2014: Natalie Allen (Duke University), Lewis McKeliver (Johnson C Smith University), Latifia Williams (Johnson C. Smith University), Caroline Mitchell (Furman University)

Undergraduate Thesis Committee Chair (20 students)

Psychology Theses

- Honors. Sarah Todd Hammer (2024). The Impact of Disability Representation on Disability Stigma in a General Population
- Honors. Kimaya Gracias (2024). The Impact of Imaginal Weight Gain on Body Dissatisfaction and Weight Stigma in Women
- Chale Jacks (2024). The Effect of Disclosure on Enacted Stigma towards Individuals with Inflammatory Bowel Disease
- Honors. Liz Simms (2023). The Impact of Fitspiration on Body Dissatisfaction, Negative Affect, and Exercise Motivation in NCAA Division I Athletes and Non-Athletes
- Honors. Heidi Meyer (2023). The Effect of Mindsets on Stress and Academic Motivation in College Students
- Honors. Izzy Pilot (2022). The Impact of a Values Affirmation Intervention on Body Dissatisfaction and Negative Mood in Women Exposed to Fitspiration
- Lindsey Stauber (2021). Spirituality, Self-Compassion, and Body Satisfaction in College Students
- Noah Satterfield (2020). Body Image and Disordered Eating in NCAA Division I Wrestlers
- Honors. Isabella Pallotto (2019). Sociocultural Pressures Associated with Disordered Eating and Body Satisfaction in Female Athletes
- Honors. Katherine Maultsby (2018). You've Got a Friend in You: Interpersonal Relationships, Self-Compassion, and Psychological Health
- Honors. Laurel Sheffield (2018). No Pain, No Gain? The Influence of Gender and Athletic Status on Reporting Pain in Sports

- Allison Hancock (2017). The Young and the Restless: Depression, Sleep, and Resilience in College Students
- Honors. Brigid Behrens (2016). Mind over Matter: Self-compassion, Perceptions of Health, and Health Behaviors in College Settings
- Honors. Akanksha Das (2016). A Bounce Break: The Effect of a Resilience Intervention on Anxiety and Performance
- Honors. Maryanne Smith (2016). Great Expectations: Perceived Stress of College Students and the Influence of Faculty Expectations
- Honors. Grace Lee Simmons (2015). Let it Be: Investigating the Styles, Prevalence, and Efficacy of College Students' Use of Music as a Coping Mechanism

CIS Public Health Projects

- Honors Thesis. Siena Senn (2022). Nutrition Literacy and Health Disparities in the Hispanic/Latinx Population: The Impact of Nutrition Literacy and Perceived Discrimination
- Honors Thesis. Olivia Rostagni (2021). Gratitude, COVID-19 Stress, and Health-Related Quality of Life in Individuals with Parkinson's Disease
- Qualifying Exam. Izzy Hernandez (2019). Health Disparities in Mental Health
- Qualifying Exam. Olanike Oyedepo (2019). Adverse Child Experiences and Mental Health
- Honors Thesis. Emma Granowsky (2018). Perceived Social Support and Academic Achievement in an After-School Program for "At-Risk" Youth
- Honors Thesis. Haley Rhodes (2016). Maternal Autonomy and Child Nutritional Status in Rural Guatemala

Undergraduate Thesis Committee Member (28 students)

- Served as second chair:
 - Class of 2023: Grace Tayloe
 - Class of 2022: Brien Culhane, Lyra Seaborn
 - Class of 2021: Emily Juel
 - Class of 2020: Jessie Epstein (CIS Communication Studies Major)
 - Class of 2015: Catherine Lowenthal, Kathryn Kemp
 - Class of 2014: Grace Ballek, Sarah Bills, Savannah Erwin
- Served as a third committee member:
 - Class of 2023: Gianna Colombo
 - Class of 2022: Hannah Cha, Trinity Davis, Emma Goodman, Serena Hu, Helen Zhang
 - Class of 2018: Katherine Little
 - Class of 2017: Gillian Highet
 - Class of 2016: Lauren Malachowski, Gaylen Fronk
 - Class of 2015: Brooke Curtin, Mel Giegerich, Julia Barlis, Monica Nelson
 - Class of 2014: Daniel Peek, Nick Evans, Paige Logan, Tyler McFayden

Undergraduate Research Students Receiving Davidson Grants (28 grants)

- DRI: Emily Rounds '21, Siena Senn '22, Izzy Pilot '22, Janina Mayers '22 (Saint Augustine's University), Heidi Meyer '23, Kimaya Gracias '24, Aaleayah Odom '24 (Livingstone College), Adele Zhang '25, Jose Martinez Quiroz '25
- Kemp: Sara Lin '20
- Abernethy: Akanksha Das '16, Emma Granowsky '18, Laurel Sheffield '18, Katherine Maultsby '18, Isabella Pallotto '19, Noah Satterfield '20, Lindsey Stauber '21, Siena Senn '22, Izzy Pilot '22, Heidi Meyer '23, Liz Simms '23, Kimaya Gracias '24, Sarah Todd Hammer '24, Chale Jacks '24
- RISE: Jose Martinez Quiroz '25, McLaurin Hull '26

GRANTS

External Awards (\$3,402,145 total)

- Associated Colleges of the South Grant (2018)
 - \$29,145: Blended Inclusion: Innovative Pedagogy in Clinical Psychology Research Methods and Statistics for Diverse Students
 - Collaboration with Laura Sockol (Davidson), Sundi Richard (Davidson), Laura Knouse (Richmond), and Bill Ellison (Trinity)
- Duke Endowment Resiliency Grant (2013–2018)
 - \$3,400,000: College Student Stress and Resiliency Project
 - Collaboration with Duke University, Furman University, and Johnson C. Smith University
 - Responsible for data collection at Davidson College and organizing undergraduate involvement

Internal Awards (\$26,500 total)

- Faculty Study and Research Award
 - 2025: \$2500 for online data collection for a study on disability and social media
 - 2022: \$2200 for online data collection for a study on body image and fitspiration
 - 2021: \$4,000 for a fellow to research curvy fitspiration and funding for online data collection
 - 2020: \$900 for online data collection for a study on eating behavior, mood, and health
 - 2019: \$3,200 for a fellow to research college student stress and resiliency
 - 2018: \$3,200 for a fellow to research college student stress and resiliency
 - 2017: \$4,000 for a fellow to research college student stress and resiliency
 - 2013: \$3,500 for a fellow to research posttraumatic growth in individuals with amputations
- Center for Civic Engagement
 - 2015: \$1,500 to add service learning to two health-related courses
 - 2013: \$1,500 to add service learning to Educational Psychology course

PUBLICATIONS

underline indicates undergraduate student

Peer-Reviewed Publications (42)

1. Gracias, K. R., & **Stutts, L. A.** (2024). The impact of compassion writing interventions on body dissatisfaction, self-compassion, and fat phobia. *Mindfulness*.
2. Meyer, H. H., & **Stutts, L. A.** (2024). The effect of mindset interventions on stress and academic motivation in college students. *Innovative Higher Education*. <https://doi.org/10.1007/s10755-024-09706-8>
3. **Stutts, L. A.**, & Blomquist, K. K. (2024). The impact of fitspiration comments on adult women's body dissatisfaction and negative affect. *Body Image*, 49, 101708. <https://doi.org/10.1016/j.bodyim.2024.101708>
4. Gracias, K. R., Pilot, I. G., & **Stutts, L. A.** (2024). It appears on my feed! Differences in intentionality of fitspiration exposure by weight/shape concerns, disordered eating, and self-compassion in women. *Eating Behaviors*, 52, 101850. <https://doi.org/10.1016/j.eatbeh.2024.101850>
5. Meyer, H. H., & **Stutts, L. A.** (2024). The impact of single-session gratitude interventions on stress and affect. *The Journal of Positive Psychology*, 19, 315–322. <https://doi.org/10.1080/17439760.2023.2170823>
6. **Stutts, L. A.**, & Myers, T. A. (2023). The impact of body talk on body dissatisfaction, fat phobia, and negative affect. *Stigma and Health*. <https://doi.org/10.1037/sah0000503>

7. Senn, S. A., Stutts, L. A., & Kietrys, K. A. (2023). Healthcare discrimination and psychological health by the intersection of ethnicity and income. *Stigma and Health*.
<https://doi.org/10.1037/sah0000448>
8. Pilot, I. G., & Stutts, L. A. (2023). The impact of a values affirmation intervention on body dissatisfaction and negative mood in women exposed to fitspiration. *Body Image*, *44*, 36–42.
<https://doi.org/10.1016/j.bodyim.2022.11.005>
9. Rostagni, O. M., & Stutts, L. A. (2023). Gratitude, self-efficacy, and health-related quality of life in individuals with Parkinson's Disease. *Psychology, Health, & Medicine*, *28*, 1160–1166.
<https://doi.org/10.1080/13548506.2022.2058032>
10. Stauber, L. G., & Stutts, L. A. (2023). The relationship among spirituality, self-compassion, and body satisfaction in college students. *Spirituality in Clinical Practice*, *10*, 326–336.
<https://doi.org/10.1037/scp0000284>
11. Stutts, L. A. (2022). The code less traveled: The transition to teletherapy. *Social Science & Medicine – Mental Health*, *2*, 100142. <https://doi.org/10.1016/j.ssmmh.2022.100142>
12. Stutts, L. A. (2022). Increasing self-compassion: Review of the literature and recommendations. *Journal of Undergraduate Neuroscience Education*, *20*, A115–A119. <https://www.funjournal.org/wp-content/uploads/2022/08/june-20-115.pdf>
13. Cha, H. S., Mayers, J. A., & Stutts, L. A. (2022). The impact of curvy fitspiration and fitspiration on body dissatisfaction, negative mood, and weight bias in women. *Stigma and Health*, *7*(2), 226–233.
<https://doi.org/10.1037/sah0000367>
14. Pallotto, I. K., Sockol, L. E., & Stutts, L. A. (2022). Gender and sport-specific weight pressures as risk factors for body dissatisfaction and disordered eating among female collegiate athletes. *Body Image*, *40*, 340–350. <https://doi.org/10.1016/j.bodyim.2022.01.014>
15. Stutts, L. A., Robinson, P. A., Witt, B., & Terrell, D. F. (2022). Lost in translation: College students' knowledge of HIV and PrEP in relation to their sexual health behaviors. *Journal of American College Health*, *70*, 561–567. <https://doi.org/10.1080/07448481.2020.1757679>
16. Weeks, M. S., Hoyle, R. H., & **Student Resilience and Well-being Project Research Group**¹. (2021). The Student Resilience and Well-Being Project: Opportunities, challenges, and lessons learned. *International Journal of Community Well-Being*, *4*, 669–690. <https://doi.org/10.1007/s42413-021-00138-2>
17. Weeks, M. S., Zeveney, A. S., & **Student Resilience and Well-being Project Research Group**¹. (2021). Changes in depressive symptoms in response to a significant stressor in college. *International Journal of Community Well-Being*, *4*, 525–547. <https://doi.org/10.1007/s42413-021-00129-3>
18. Satterfield, N. A., & Stutts, L. A. (2021). Pinning down the problems and the influences: Disordered eating and body satisfaction in male wrestlers. *Psychology of Sport and Exercise*, *54*, 101844.
<https://doi.org/10.1016/j.psychsport.2021.101884>
19. Sockol, L. E., Ellison, W. D., Stutts, L. A., & Knouse, L. E. (2021). Improving quantitative abilities and attitudes in clinical psychology courses: Longitudinal assessment of a blended learning intervention. *Teaching of Psychology*, *48*, 316–327. <https://doi.org/10.1177/0098628320979894>
20. Rounds, E. G., & Stutts, L. A. (2021). The impact of fitspiration content on body satisfaction and negative mood: An experimental study. *Psychology of Popular Media*, *10*(2), 267–274.
<https://doi.org/10.1037/ppm0000288>
21. Stutts, L. A., & Blomquist, K. K. (2021). A longitudinal study of weight and shape concerns and disordered eating groups and their relationship to self-control. *Eating and Weight Disorders*, *26*, 227–237. <https://doi.org/10.1007/s40519-020-00844-4>

22. **Stutts, L. A.** (2020). It's complicated: The relationship between orthorexia and weight/shape concerns, eating behaviors, and mood. *Eating Behaviors*, 39, 101444. <https://doi.org/10.1016/j.eatbeh.2020.101444>
23. **Stutts, L. A., Speight, K. L., Yoo, S., & Little, I. D.** (2020). Positive psychological predictors of psychological health in individuals with Parkinson's Disease. *Journal of Clinical Psychology in Medical Settings*, 27, 182–189. <https://doi.org/10.1007/s10880-019-09633-3>
24. **Lin, S., & Stutts, L. A.** (2020). Impact of exposure to counterstereotypic causality of obesity on beliefs about weight controllability and fat phobia. *Psychology, Health, & Medicine*, 25(6), 730–741. <https://doi.org/10.1080/13548506.2019.1653484>
25. **Sheffield, L. W., & Stutts, L. A.** (2020). No pain, no gain? The influence of gender and athletic status on reporting pain in sports. *Journal of Clinical Sport Psychology*, 14(3), 270–284. <https://doi.org/10.1123/jcsp.2019-0022>
26. **Maultsby, K. D., & Stutts, L. A.** (2019). A longitudinal examination of study abroad: Student characteristics and psychological health associations. *College Student Affairs Journal*, 37, 183 – 198.
27. **Stutts, L. A., Leary, M. R., Zeveney, A. S., & Hufnagle, A. S.** (2018). A longitudinal analysis of the relationship between self-compassion and the psychological effects of perceived stress. *Self and Identity*, 17(6), 609–626. <https://doi.org/10.1080/15298868.2017.1422537>
28. **Stutts, L. A., & Blomquist, K. K.** (2018). The moderating role of self-compassion on weight and shape concerns and eating pathology: A longitudinal study. *International Journal of Eating Disorders*, 51(8), 879–889. <https://doi.org/10.1002/eat.22880>
29. **Robinson, P. A., Orroth, K. K., Stutts, L. A., Baron, P. A., & Wessner, D. R.** (2018). Trends in public and global health education among nationally recognized undergraduate liberal arts colleges in the United States. *American Journal of Tropical Medicine and Hygiene*, 98(5), 1228–1233. <https://doi.org/10.4269/ajtmh.18-0017>
30. **Sparling, A., Stutts, L. A., Sanner, H., & Eijkholt, M.** (2017). In-person and online social participation and emotional health in individuals with multiple sclerosis. *Quality of Life Research*, 26, 3089–3097. <https://doi.org/10.1007/s11136-017-1645-y>
31. **Stutts, L. A., Stepleman, L.M., Lopez, E. J., Stutts, L. A., Hudson, W. H., Rutter-Goodworth, M. C., & Rahn, R.** (2016). Physician-patient communication about sexual functioning in patients with multiple sclerosis. *Sexuality and Disability*, 34, 239–254. <https://doi.org/10.1007/s11195-016-9444-x>
32. **Stutts, L. A., & Stanaland, A.** (2016). Posttraumatic growth in patients with amputations. *Disability and Health Journal*, 9(1), 167–171. <https://doi.org/10.1016/j.dhjo.2015.07.005>
33. **Stutts, L. A., Bills, S. E., Erwin, S. R., & Good, J. J.** (2015). Coping and posttraumatic growth in women with limb amputations. *Psychology, Health, & Medicine*, 9(6), 742–752. <https://doi.org/10.1080/13548506.2015.1009379>
34. **Stutts, L.A., Hirsh, A.T., George, S.Z., & Robinson, M.E.** (2010). Investigating patient characteristics on pain assessment using virtual human technology. *European Journal of Pain*, 14(10), 1040–1045. <https://doi.org/10.1016/j.ejpain.2010.04.003>
35. **Wandner, L.D., Stutts, L.A., Alqudah, A.F., Craggs, J.G., Scipio, C.D., Hirsh, A.T., & Robinson, M.E.** (2010). Virtual human technology: Patient demographics and healthcare training factors in pain observation and treatment recommendations. *Journal of Pain Research*, 3, 241–247. <https://doi.org/10.2147/JPR.S14708>
36. **Alqudah, A.F., Hirsh, A.T., Stutts, L.A., Scipio, C.D., & Robinson, M.E.** (2010). Sex and race differences in rating others' pain, pain-related negative mood, pain coping, and recommending medical help. *Journal of Cybertherapy and Rehabilitation*, 3(1), 63–70.

37. **Stutts, L.A.**, McCulloch, R.C., Chung, K., & Robinson, M.E. (2009). Sex differences in prior pain experience. *Journal of Pain*, 10(12), 1226–30. <https://doi.org/10.1016/j.jpain.2009.04.016>
38. **Stutts, L.A.**, Robinson, M. E., McCulloch, R.C., Banou, E., Gremillion, H.A., Waxenberg, L.B., & Staud, R. (2009). Patient centered outcome criteria for successful treatment of facial pain and fibromyalgia. *Journal of Orofacial Pain*, 23(1), 47–53.
39. Hirsh, A.T., Alqudah, A.F., **Stutts, L.A.**, & Robinson, M.E. (2008). Virtual human technology: Capturing sex, race, and age influences in individual pain decision policies. *Pain*, 140(1), 231–238. <https://doi.org/10.1016/j.pain.2008.09.010>
40. **Stutts, L. A.**, Conti, J. B., Aranda, J. M., Miles, W. M., Burkart, T.A., & Sears, S.F. (2007). Patient evaluation of ICD recall communication strategies: A vignette study. *Pacing and Clinical Electrophysiology*, 30(9),1105–1111. <https://doi.org/10.1111/j.1540-8159.2007.00820.x>
41. **Stutts, L. A.**, Cross, N. J., Conti, J. B., & Sears, S. F. (2007). Examination of research trends in Implantable Cardioverter Defibrillator patients. *Clinical Cardiology*, 30(2), 64–68. <https://doi.org/10.1002/clc.20035>
42. Sears, S.F., **Stutts, L.A.**, Aranda, J.M., Handberg, E.M., & Conti, J. B. (2006). Managing congestive heart failure patient factors in the device era. *Congestive Heart Failure*, 12(6), 335–40. <https://doi.org/10.1111/j.1527-5299.2006.05405.x>

¹Members of the Student Resilience and Well-Being Project Research Group are (in alphabetical order by last name) Steven R. Asher, Kerstin K. Blomquist, Rick H. Hoyle, Mark R. Leary, Beth A. Pontari, Cinnamon A. Stetler, Timothy J. Strauman, Lauren A. Stutts, Debra F. Terrell, and Molly S. Weeks

Books

1. **Stutts, L. A.** (2017). *Childhood and adolescent obesity*. Momentum Press.

Edited Book Chapters

1. **Stutts, L. A.** (in press). Compassion. In J. R. Webb (Ed.), *Handbook of spirituality, health, and well-being*. Routledge.
2. **Stutts, L. A.**, & Andrews, E. E. (in press). Positive psychology measurement and assessment. *The Oxford handbook of positive psychology and disability*. Oxford University Press.
3. **Stutts, L. A.** (2021). Sexual abuse among individuals with disabilities. In R. Geffner, J. W. White, L. K. Hamberger, A. Rosenbaum, V. Vaughan-Eden, & V. I. Vieth (Eds.), *Handbook of interpersonal violence and abuse across the lifespan: A project of the National Partnership to End Interpersonal Violence Across the Lifespan (NPEIV)*. Springer Nature
4. **Stutts, L. A.** (2018). Class, please take out your smartphone: Using phone applications to increase student engagement. In R. J. Harnish, K. R. Bridges, D. N. Sattler, M. L. Signorella, & M. Munson (Eds.), *The use of technology in teaching and learning* (pp. 276–283). Society for the Teaching of Psychology.
5. **Stutts, L. A.** (2018). Pain. In J. S. Kreutzer, J. DeLuca & B. Caplan (Eds.), *Encyclopedia of clinical neuropsychology*. Springer.

White Papers/Newsletters/Blog Posts

1. **Stutts, L. A.** (2019). Scholarship activities of clinical psychologists at the top 100 liberal arts colleges in the United States [White paper]. Retrieved from <https://cplac.org/job-information/job-applicants/>

2. **Stutts, L. A.** (2018, August 15). Stop the abuse: Why we can't neglect women with disabilities when we talk about interpersonal violence [Blog post]. Retrieved from <https://psychologybenefits.org/2018/08/14/stop-the-abuse-why-we-cant-neglect-women-with-disabilities-when-we-talk-about-interpersonal-violence/>
3. **Stutts, L. A.** (2016, Spring/Summer). Rolling on up: Psychological adjustment to aging with spinal cord injury. *Spinal Cord Injury Special Interest Group Newsletter*. Retrieved from <http://www.neuropt.org/special-interest-groups/spinal-cord-injury/newsletters>

CONFERENCE PRESENTATIONS/POSTERS

Symposia/Panel Presentations at National Conferences and Webinars

1. **Stutts, L.A.**, Wessner, D., Mamoon, N., Chillag, K., & Bullock, S. (2022, June 3). *Integrating justice, equality, and community concepts into a public health curriculum* [Panel/Roundtable discussion]. Liberal Arts Collaborative for Digital Innovation Conference.
2. **Stutts, L.A.** (2021, Jan. 19). *Building resilience: Results and recommendations from the Student Resilience and Well-Being Project* [Webinar]. Neuroscience Scholars Program.
3. **Stutts, L. A.** (2020, July 31). *Building resilience: Results and recommendations from the Student Resilience and Well-Being Project* [Symposia session]. Faculty for Undergraduate Neuroscience Summer Virtual Meeting.
4. **Stutts, L. A.** (Chair), Anderson, D. A. (Discussant), Serier, K. N., Coniglio, K. A., Blomquist, K. K., & Myers, T. A. (2020, November 19-22). *Body image concerns and disordered eating in male and female college students* [Symposia session]. Association for Behavioral and Cognitive Therapies, Zoom.
5. Blomquist, K. K., & **Stutts, L. A.** (2020, November 19-22). *Examining weight and shape concerns and disordered eating by gender and their relationship to self-control: A longitudinal study* [Symposia presentation]. Association for Behavioral and Cognitive Therapies, Zoom.
6. **Stutts, L. A.**, McCrae, B., & Ringle, G. (2019, December). *Building resiliency: Results and recommendations from the Student Resilience and Well-Being Project* [Symposia presentation]. CLT ConnectEd event at the University of North Carolina at Charlotte, Charlotte, NC.
7. **Stutts, L. A.** (Moderator & Presenter), Myers, T. A., Dalton, E., Wenze, S., Levinson, C. A. (2019, November). *Integrating community-based projects in the training of clinical scientists for social impact* [Panel presentation]. Association for Behavioral and Cognitive Therapies, Atlanta, GA.
8. Ringle, G., Cassidy, J., McCrae, B., Parsons, T., **Stutts, L.**, Sharpe, J., & Weeks, M. (2019, September 26). Building resiliency: Data-informed interventions [Webinar]. Retrieved from https://www.acha.org/documents/Programs_Services/Education/Video/Video_FINAL_BuildingResiliency_Data-informedInterventions_09-26-19.mp4
9. **Stutts, L. A.** (Chair), Timko, C. A. (Discussant), Kipela, L. S., Blomquist, K. K., & Kramer, R. (2018, November). *Longitudinal investigations of the complex relationships between body dissatisfaction, coping behaviors, and health outcomes* [Symposia presentation]. Association for Behavioral and Cognitive Therapies, Washington, DC.
10. Blomquist, K. K., & **Stutts, L. A.** (2018, November). *The moderating role of self-compassion on weight and shape concerns and eating pathology: A longitudinal study* [Symposia presentation]. Association for Behavioral and Cognitive Therapies, Washington, DC.
11. Borders, A. (Moderator), **Stutts, L. A.**, Wenze, S., Friedman-Wheeler, D., Knouse, L., Rosenthal, Z., & Mian, N. (2018, November). *Using technology to improve the training and future of current clinical scientists* [Panel presentation]. Association for Behavioral and Cognitive Therapies, Washington, DC.

12. Orroth, K. K., Robinson, P. A., **Stutts, L. A.**, Baron, P. A., & Wessner, D. R. (2018, November). *Drivers and barriers to expansion of public health curricular offerings in the undergraduate liberal arts* [Oral presentation]. American Public Health Association, San Diego, CA.
13. Weeks, M. S., Carson, C., Jones, C., McCrae, B., Moneta, L., Pontari, B. A., Strauman, T. J., **Stutts, L. A.**, & Terrell, D. F. (2018, November). *The Student Resilience and Well-Being Project: A four-institution research–practice partnership* [Symposia presentation]. Symposium on Academic Resilience in Higher Education, Philadelphia, PA
14. **Stutts, L. A.** (2018, February). *Inclusive pedagogy in Rehabilitation Psychology* [Symposia presentation]. Rehabilitation Psychology Conference, Dallas, TX.
15. Lootens, C., Markowitz, S., Blomquist, K., Knouse, L., Bell, K., & **Stutts, L. A.** (2016, October). *Preparing the next generation of scientist-practitioners: Disseminating CBT principles in undergraduate teaching* [Panel presentation]. Association for Behavioral and Cognitive Therapies, New York, NY.
16. Eijkholt, M., **Stutts, L. A.**, Sparling, A. (2016, April). *Health, honesty, and happiness: Authentic true selves in online and in-person interactions of Multiple Sclerosis patients* [Flash presentation]. Arts and Humanities Conference, Cleveland, OH.
17. **Stutts, L.A.**, Nierenberg, B., & Mayersohn, G. (2015, February). *Posttraumatic growth in rehabilitation populations*. [Symposia presentation]. Rehabilitation Psychology Conference, San Diego, CA.
18. Kim, S., **Stutts, L.A.**, Lee, E., & Andrews, E. (2015, February). *Redefining disability: Diversity, multiculturalism, and intersectionality* [Symposia presentation]. Rehabilitation Psychology Conference, San Diego, CA.

Poster and Regional Presentations Outside of Davidson

1. Meyer, H. H., & **Stutts, L. A.** (2022, November 18). *The impact of single session gratitude interventions on stress and affect* [Poster presentation]. Association for Behavioral and Cognitive Therapies, New York, NY.
2. Martinez Quiroz, J. D., Senn, S. A., & **Stutts, L. A.** (2022, November 18). *Health disparities within the Hispanic/Latinx community through an intersectional lens: Ethnicity and gender* [Poster presentation]. Association for Behavioral and Cognitive Therapies, New York, NY.
3. Cha, H. S., Mayers, J. A., & **Stutts, L. A.** (2021, November 19). *The impact of curvy fitspiration and fitspiration on body dissatisfaction, negative mood, and weight bias in women* [Poster presentation]. Association for Behavioral and Cognitive Therapies, Virtual.
4. Pilot, I. G., & **Stutts, L. A.** (2021, November 19). *The impact of a values affirmation intervention on body dissatisfaction and negative mood in women exposed to fitspiration* [Poster presentation]. Association for Behavioral and Cognitive Therapies, Virtual.
5. Cha, H., Helfant, R., Zhang, H., & **Stutts, L. A.** (2021, November 18-21). *The relationship among self-compassion, physical health problems, and well-being* [Poster presentation]. Association for Behavioral and Cognitive Therapies, Virtual.
6. Senn, S., & **Stutts, L. A.** (2021, September 21-23). *Nutrition literacy and healthcare disparities in the Hispanic/Latinx community* [Poster presentation]. Food Insecurity, Neighborhood Food Environment, and Nutrition Health Disparities: State of the Science, Virtual.
7. Rounds, E. G. & **Stutts, L. A.** (2020, November 19-22). *The impact of fitspiration content on body satisfaction and negative mood: An experimental study* [Poster presentation]. Association for Behavioral and Cognitive Therapies, Virtual.

8. Pallotto, I. K., Sockol, L. E., & **Stutts, L. A.** (2019, November). *I can't get no (body) satisfaction: Sociocultural pressures associated with disordered eating* [Poster presentation]. Association for Behavioral and Cognitive Therapies, Atlanta, GA.
9. **Stutts, L. A.**, Ellison, W. D., Knouse, L. E., Sockol, L. A., & Richard, S. (2019, November). *Integrating blended learning modules to improve undergraduate clinical students' quantitative competence, statistics anxiety, and implicit theories of quantitative skills* [Poster presentation]. Association for Behavioral and Cognitive Therapies, Atlanta, GA.
10. Lin, S., & **Stutts, L. A.** (2019, November). *Impact of exposure to counterstereotypic causality of obesity on beliefs about weight controllability and obesity bias* [Poster presentation]. Association for Behavioral and Cognitive Therapies, Atlanta, GA.
11. Blanchard, M. E., Helfant, R., Song, D. Y., Lin, S., & **Stutts, L. A.** (2019, November). *No negative Nancys: The relationship between subscales of self-compassion and body satisfaction* [Poster presentation]. Association for Behavioral and Cognitive Therapies, Atlanta, GA.
12. **Stutts, L. A.**, Speight, K. L., & Yoo, S. (2018, November). *Cognitive-behavioral coping strategies and acceptance in women with Parkinson's Disease* [Poster presentation]. Association for Behavioral and Cognitive Therapies, Washington, DC.
13. Sockol, L. E., **Stutts, L. A.**, Ellison, B. D., Knouse, L. E., & Richard, S. (2018, November). *High statistics anxiety and low perceived quantitative competence among undergraduates in clinical psychology courses* [Poster presentation]. Association for Behavioral and Cognitive Therapies, Washington, DC.
14. Zeveney, A. S., Hufnagle, A. S., Leary, M. R., & **Stutts, L. A.** (2018, Mar). *A longitudinal analysis of the relationship between self-compassion and the effects of life stress on depression, anxiety, and negative affect* [Poster presentation]. Society for Personality and Social Psychology, Atlanta, GA.
15. **Stutts, L. A.**, Speight, K., Yoo, S., & Little, I. (2018, Feb). *Positivity and Parkinson's: The relationship between self-compassion, optimism, posttraumatic growth, and psychological health in individuals with Parkinson's Disease* [Poster presentation]. Rehabilitation Psychology Conference, Dallas, TX.
16. Maultsby, K. D., & **Stutts, L. A.** (2017, Nov). *Say Ciao to your stress: Effects of studying abroad on perceived stress, depression, and positive affect* [Poster presentation]. Association for Behavioral and Cognitive Therapies, San Diego, CA.
17. Simmons, G. L., & **Stutts, L.A.** (2016, October). *Let it be: An investigation of college students' use of music as a coping mechanism* [Poster presentation]. Association for Behavioral and Cognitive Therapies, New York, NY.
18. Hancock, A., Guinn, V., & **Stutts, L. A.** (2016, October). *Can't stop the feeling: Self-control, psychological functioning, & resilience in college students* [Poster presentation]. Association for Behavioral and Cognitive Therapies, New York, NY.
19. Das, A., & **Stutts, L. A.** (2016, October). *A bounce break: The effect of a resilience intervention on anxiety and performance* [Poster presentation]. Association for Behavioral and Cognitive Therapies, New York, NY.
20. Acosta, J., Leary, M., Guinn, V., & **Stutts, L. A.** (2016, July). *First in the family: Exploring social and psychological variables across generational status in college students* [Symposia presentation]. The Duke Endowment Research Conference, Charlotte, NC.
21. Garcia-Garcia, D., Terrell, D., Guinn, V., & **Stutts, L. A.** (2016, July). *Internet zombies: Problematic internet use, feelings of belonging, & self-control in college students* [Symposia presentation]. The Duke Endowment Research Conference, Charlotte, NC.

22. Hadfield, E., Hoyle, R., Guinn, V., & **Stutts, L. A.** (2016, July). *The young & the friendless: Social connection, belonging, & loneliness in second-year college students* [Symposia presentation]. The Duke Endowment Research Conference, Charlotte, NC.
23. Hancock, A., Guinn, V., & **Stutts, L. A.** (2016, July). *Can't stop the feeling: Self-control, psychological functioning, & resilience in college students* [Symposia presentation]. The Duke Endowment Research Conference, Charlotte, NC.
24. Jackson, E., Blomquist, K., Guinn, V., & **Stutts, L. A.** (2016, July). *Model behavior: How the Interpersonal Model predicts disordered eating behaviors in first-year students* [Symposia presentation]. The Duke Endowment Research Conference, Charlotte, NC.
25. Kamara, N., Terrell, D., Guinn, V., & **Stutts, L. A.** (2016, July). *A spoon full of sugar? Sweetened beverage intake, healthy eating behaviors, & BMI in the first two years of college* [Symposia presentation]. The Duke Endowment Research Conference, Charlotte, NC.
26. Mickool, S., Stetler, C., Guinn, V., & **Stutts, L. A.** (2016, July). *The early bird gets the Worm? Circadian preference, sleep, & academic outcomes in college students* [Symposia presentation]. The Duke Endowment Research Conference, Charlotte, NC.
27. Monroe, M., Guinn, V., & **Stutts, L. A.** (2016, July). *Just keep swimming: Optimism, self-compassion, & self-esteem in predicting resilience in college students* [Symposia presentation]. The Duke Endowment Research Conference, Charlotte, NC.
28. Guinn, V., Monroe, M., Hancock, A., Kamara, N., Acosta, J., Garcia-Garcia, D., Hadfield, E., Jackson, E., Mickool, S., & **Stutts, L. A.** (2016, July). *Major changes: An examination of the second year of college* [Symposia presentation]. The Duke Endowment Research Conference, Charlotte, NC.
29. Fair, C., Powers, A., & **Stutts, L. A.** (2016, March). *Undergraduate public health research in liberal arts contexts: A model of cross-institutional collaboration* [Poster presentation]. Undergraduate Public Health and Global Health Education Summit, Arlington, VA.
30. **Stutts, L. A.**, Farrey, K., Simmons, G., Sanner, H., & Sparling, A. (2016, February). *Support in the digital age: Examination of online vs. face-to-face social interaction on mood in individuals with Multiple Sclerosis* [Poster presentation]. Rehabilitation Psychology Conference, Atlanta, GA.
31. Althoff, M., Simmons, G., Pontari, B., & **Stutts, L.A.** (2015, July). *Step away from the mirror: Contingency of self-worth of appearance and social rejection in first-year college students* [Symposia presentation]. The Duke Endowment Research Conference, Charlotte, NC.
32. Behrens, B., Simmons, G., & **Stutts, L. A.** (2015, July). *Treat yo self: Examining self-compassion, self-regulation, and resilience over the first year of college* [Symposia presentation]. The Duke Endowment Research Conference, Charlotte, NC.
33. Guinn, V., Stetler, C., George, M., & **Stutts, L. A.** (2015, July). *Sleep the stress away? A prospective study of the bidirectional relationship between sleep and stress* [Symposia presentation]. The Duke Endowment Research Conference, Charlotte, NC.
34. Jones-Pool, M., Asher, S., Staley, S., Weeks, M., George, M., & **Stutts, L. A.** (2015, July). *This is where I'm meant to be: Influences of belonging in the transition to college* [Symposia presentation]. The Duke Endowment Research Conference, Charlotte, NC.
35. Lawson, S., Simmons, G., Terrell, D., & **Stutts, L. A.** (2015, July). *Active body, active mind: Examining physical activity, academic engagement, and stress in first-year college students* [Symposia presentation]. The Duke Endowment Research Conference, Charlotte, NC.
36. King, M., George, M., Strauman, T., & **Stutts, L. A.** (2015, July). *I got this! (Or not): Self-efficacy, coping, and psychological health* [Symposia presentation]. The Duke Endowment Research Conference, Charlotte, NC.

37. Smith, K., George, M., Terrell, D., & **Stutts, L. A.** (2015, July). *Turn off the lights: Examining the relationship between electronic device use and sleep among first-year college students* [Symposia presentation]. The Duke Endowment Research Conference, Charlotte, NC.
38. Smith, M., Simmons, G., & **Stutts, L. A.** *Optimizing optimism: Positive thinking, loneliness, and resiliency in first-year college students* [Symposia presentation]. The Duke Endowment Research Conference, Charlotte, NC.
39. Simmons, G., George, M., **Stutts, L. A.**, Althoff, M., Behrens, B., Guinn, V., Jones-Pool, M., King, M., Lawson, S., Smith, K., Smith, M. & (2015, July). *Bouncing forward: Examining stress and resiliency in first-year college students* [Symposia presentation]. The Duke Endowment Research Conference, Charlotte, NC.
40. Sparling, A., Sanner, H., **Stutts, L.A.** (2015, July). *Social participation and emotional well-being in individuals with Multiple Sclerosis* [Poster presentation]. International Health Economic Association. Milan, Italy.
41. **Stutts, L. A.**, & Lacy, R. (2015, January). *Class, please take out your smartphones: Using a phone application to increase student engagement* [Symposia presentation]. Winthrop Conference on Teaching and Learning, Rock Hill, SC.
42. Allen, N., Leary, M., Weeks, M., George, M., & **Stutts, L. A.** (2014, July). *What does not kill us might not make us stronger: Examining adversity in college students* [Poster presentation]. Davidson-Furman Summer Research Conference, Greenville, SC.
43. Elsayed, N., Asher, S., Weeks, M., George, M., & **Stutts, L.A.** (2014, July). *First generation college students, academic integration, and emotional and social integration* [Poster presentation]. Davidson-Furman Summer Research Conference, Greenville, SC.
44. McKeliver, L., Bledsoe-Gardner, A., & **Stutts, L.A.** (2014, July). *Ethnic differences in values and coping styles in college students* [Poster presentation]. Davidson-Furman Summer Research Conference, Greenville, SC.
45. Mitchell, C., Pontari, B., & **Stutts, L.A.** (2014, July). *Openness, coping, and well-being in college students* [Poster presentation]. Davidson-Furman Summer Research Conference, Greenville, SC.
46. Nakano, M., & **Stutts, L.A.** (2014, July). *You've got a friend in me: Quality and quantity of friendships and loneliness in college students* [Poster presentation]. Davidson-Furman Summer Research Conference, Furman University, SC.
47. Pecorella, J., Stetler, C., & **Stutts, L.A.** (2014, July). *Lately, I've been losing sleep: Sleep's relationship with resilience in college students* [Poster presentation]. Davidson-Furman Summer Research Conference, Greenville, SC.
48. Simmons, G.L., & **Stutts, L.A.** (2014, July). *Keep calm and carry on: Investigating coping strategies and psychological health in college students* [Poster presentation]. Davidson-Furman Summer Research Conference, Greenville, SC.
49. **Stutts, L.A.**, Allen, N., Elsayed, N., McKeliver, L., Mitchell, C., Nakano, M., Pecorella, J., Simmons, G.L., & Williams, L. (2014, July). *Meet the parents: Exploring parent reports of student characteristics and parental goals and roles* [Poster presentation]. Davidson-Furman Summer Research Conference, Greenville, SC.
50. Williams, L., Bledsoe-Gardner, A., & **Stutts, L.A.** (2014, July). *You are what you eat: The relationship between sense of belonging and making healthy choices in college students* [Poster presentation]. Davidson-Furman Summer Research Conference, Greenville, SC.
51. **Stutts, L. A.**, & Stanaland, A. (2014, March). *Posttraumatic growth in individuals with amputations* [Poster presentation]. Rehabilitation Psychology Conference, San Antonio, TX.

52. **Stutts, L.** (2013, May). *The psychosocial issues, depression, and the holistic approach to healing* [Symposia presentation]. Save a Leg Save a Life Foundation, Orlando, FL.
53. Stepleman, L., **Stutts, L.**, Hudson, W. H., Rutter, M.C., & Williams, M. J. (2010, October). *Physician-patient communication about sexual functioning in patients with multiple sclerosis* [Poster presentation]. European Committee for Treatment and Research in Multiple Sclerosis Conference; Gothenburg, Sweden.
54. Wandner, L., **Stutts, L. A.**, Alqudah, A. F., Craggs, J., Scipio, C., Hirsh, A. T., & Robinson, M. E. (2010, August). *Virtual human technology: Patient demographics and health care training factors in pain observation and treatment recommendations* [Poster presentation]. International Association for the Study of Pain Conference, Montreal, Canada.
55. **Stutts, L. A.**, Hirsh, A. T., George, S. Z., & Robinson, M.E. (2010, May). *The influence of patient characteristics on pain assessment: An investigation using virtual human technology* [Poster presentation]. American Pain Society Conference, Baltimore, MD.
56. **Stutts, L. A.**, McCulloch, R. C., Chung, K., Banou, E., Robinson, M. E. (2009, May). *Sex differences in prior pain experience* [Poster presentation]. American Pain Society Conference, San Diego, CA.
57. **Stutts, L.A.**, Banou, E., McCulloch, R.C., Craggs, J.G., Waxenberg, L.B., Gremillion, H., & Robinson, M.E. (2008, May). *Incorporating the facial pain patient's perspective into treatment: Comparisons across three pain groups* [Poster presentation]. American Pain Society Conference, Tampa, FL.
58. Robinson, M.E., Alqudah, A.F., Hirsh, A.T., and **Stutts, L.A.** (2008, May). *Sex and race differences in rating others' pain, pain-related negative mood, pain coping, and need for medical treatment* [Poster presentation]. American Pain Society Conference, Tampa, FL.
59. **Stutts, L.A.**, Robinson, M.E., McCulloch, R.C., Banou, E., Gremillion, H.A., Waxenberg, L.B., & Staud, R. (2008, April). *Patient-centered outcomes for facial pain and fibromyalgia Patients* [Poster presentation]. College of Public Health and Health Professions 2008 Research Day, Gainesville, FL.
60. **Stutts, L.A.**, Conti, J. B., Aranda, J.M., Miles, W.M., Burkart, T.A., & Sears, S.F. (2007, April). *Communication of Implantable Cardioverter Defibrillator recalls* [Poster presentation]. College of Public Health and Health Professions 2007 Research Day, Gainesville, FL.
61. Cross, N., Vazquez Sowell, L., **Stutts, L.**, Smith, K., Miles, W., Conti, J., McCrae, C., & Sears, S. (2006, June). *Secondary insomnia, depressive symptoms, and sleep self-efficacy in cardiovascular disease patients* [Poster presentation]. Associated Professional Sleep Societies Conference, Salt Lake City, UT.
62. Pilot, I. G., & **Stutts, L. A.** (2021, October 12). *The impact of a values affirmation intervention on body dissatisfaction and negative mood in women exposed to fitspiration* [Poster presentation]. Summer Research Symposium, Davidson, NC.

Poster Presentations at Davidson

1. Zhang, R. & **Stutts, L. A.** (2024, September 17). *Connecting Orthorexia Symptoms to East Asian Acculturation and Psychological Well-Being* [Poster presentation]. Summer Research Symposium, Davidson, NC.
2. Martinez Quiroz, J. D. & **Stutts, L. A.** (2024, September 17). *An experimental investigation of stigma toward ADHD in the Latinx Community* [Poster presentation]. Summer Research Symposium, Davidson, NC.
3. Hammer, S. T., & **Stutts, L. A.** (2024, May 1). *The impact of disability representation on disability stigma in a general population* [Poster presentation]. Verna Case Research Symposium, Davidson, NC.

4. Gracias, K. R. & Stutts, L. A. (2024, May 1). *The impact of imaginal weight gain on body dissatisfaction and weight stigma in women* [Poster presentation]. Verna Case Research Symposium, Davidson, NC.
5. Jacks, C. M., & Stutts, L. A. (2024, May 1). *The effect of disclosure on enacted stigma towards individuals with Inflammatory Bowel Disease* [Poster presentation]. Verna Case Research Symposium, Davidson, NC.
6. Gracias, K. R., & Stutts, L. A. (2023, September 12). *The impact of compassion writing interventions on body dissatisfaction, self-compassion, and fat phobia* [Poster presentation]. Summer Research Symposium, Davidson, NC.
7. Hull, M. M., & Odom, A. S., Simms, E. C., Stutts, L. A. (2023, September 12). *In-season vs. out-of-season differences in body-related variables and disordered eating in Division I athletes* [Poster presentation]. Summer Research Symposium, Davidson, NC.
8. Meyer, H. H., & Stutts, L. A. (2023, May 3). *The effect of mindsets on stress and academic motivation in college students* [Poster presentation]. Verna Case Research Symposium, Davidson, NC.
9. Simms, L. & Stutts, L. A. (2023, May 3). *The impact of fitspiration on body dissatisfaction, negative affect, and exercise motivation in NCAA Division I athletes and non-athletes* [Poster presentation]. Verna Case Research Symposium, Davidson, NC.
10. Gracias, K. R., Pilot, I., & Stutts, L. A. (2023, May 3). *Fitspiration engagement's relationship to weight/shape concerns, disordered eating, and self-compassion in women* [Poster presentation]. Verna Case Research Symposium, Davidson, NC.
11. Meyer, H. H., & Stutts, L. A. (2022, September 13). *The impact of single session gratitude interventions on stress and affect* [Poster presentation]. Summer Research Symposium, Davidson, NC.
12. Martinez Quiroz, J. D., Senn, S. A., & Stutts, L. A. (2022, September 13). *Health disparities within the Hispanic/Latinx community through an intersectional lens: Ethnicity and gender* [Poster presentation]. Summer Research Symposium, Davidson, NC.
13. Senn, S., Stutts, L. A., & Kietrys, K. A. (2022, April 30). *Health disparities in the Hispanic/Latinx community: The impact of nutrition literacy and perceived discrimination* [Poster presentation]. Verna Case Research Symposium, Davidson, NC.
14. Pilot, I., & Stutts, L. A. (2022, April 30). *The impact of a values affirmation intervention on body dissatisfaction and negative mood in women exposed to fitspiration* [Poster presentation]. Verna Case Research Symposium, Davidson, NC.
15. Cha, H. S., Mayers, J. A., & Stutts, L. A. (2021, October 12). *The impact of curvy fitspiration and fitspiration on body dissatisfaction, negative mood, and weight bias in women* [Poster presentation]. Summer Research Symposium, Davidson, NC.
16. Senn, S., & Stutts, L. A. (2021, October 12). *Nutrition literacy and health disparities in the Hispanic/Latinx community* [Poster presentation]. Summer Research Symposium, Davidson, NC.
17. Cha, H., Helfant, R., Zhang, H., & Stutts, L. A. (2021, May). *The relationship among self-compassion, physical health problems, and well-being* [Poster presentation]. Verna Case Symposium, Davidson, NC.
18. Stauber, L. G., & Stutts, L. A. (2021, May). *Spirituality, self-compassion, and body satisfaction in college students* [Poster presentation]. Verna Case Symposium, Davidson, NC.
19. Rostagni, O. & Stutts, L. A. (2021, May). *Gratitude, COVID-19 stress, and health-related quality of life in individuals with Parkinson's Disease* [Poster presentation]. Verna Case Symposium, Davidson, NC.
20. Toledo, L., & Stutts, L. A. (2019, September). *Heart and hustle: Predictors of depression in college students* [Poster presentation]. Summer Research Symposium, Davidson, NC.

21. Palotto, I. K., & **Stutts, L. A.** (2019, May). *I can't get no (body) satisfaction: Sociocultural pressures associated with disordered eating and body satisfaction in female athletes* [Poster presentation]. Verna Case Symposium, Davidson, NC.
22. Blanchard, M. E., Helfant, R., Song, D. Y., Lin, S., & **Stutts, L. A.** (2019, May). *No negative Nancys: The relationship between subscales of self-compassion and body satisfaction* [Poster presentation]. Verna Case Symposium, Davidson, NC.
23. Bruhiell, K., & **Stutts, L. A.** (2019, May). *When knowledge isn't power: Lack of safe sex practices among college students despite HIV Knowledge* [Poster presentation]. Verna Case Symposium, Davidson, NC.
24. Speight, K. L., & **Stutts, L. A.**, (2018, September). *Get it done: Components of self-regulation and psychological health in college students* [Poster presentation]. Summer Research Symposium, Davidson, NC.
25. Maultsby, K., & **Stutts, L. A.** (2018, May). *You've got a friend in you: Interpersonal relationships, self-compassion, and psychological health* [Poster presentation]. Alenda Lux Symposium, Davidson, NC.
26. Sheffield, L., & **Stutts, L. A.** (2018, May). *No pain, no gain? The influence of gender and athletic status on reporting pain in sports* [Poster presentation]. Alenda Lux Symposium, Davidson, NC.
27. Granowsky, E., & **Stutts, L. A.** (2018, May). *Perceived social support and academic achievement in an after-school program for "at-risk" youth* [Poster presentation]. Alenda Lux Symposium, Davidson, NC.
28. Kane, C., Robinson, J., Yang, E., & **Stutts, L. A.** (2018, May). *Charlotte corner stores as sites for health intervention* [Poster presentation]. Alenda Lux Symposium, Davidson, NC.
29. Coggin, W., Johnston, H., Polgrean, B., & **Stutts, L. A.** (2018, May). *Cornerstones of community wellness: Food availability and attitudes in Charlotte corner stores* [Poster presentation]. Alenda Lux Symposium, Davidson, NC.
30. Carpenter, K., Douglas, A., Van Susteren, P., & **Stutts, L. A.** (2018, May). *Simple, healthy, and fun snacks for kids: A community-based intervention at the Community School of Davidson* [Poster presentation]. Alenda Lux Symposium, Davidson, NC.
31. Messing, J., Pomerantz, A., Swearingen, L., & **Stutts, L. A.** (2018, May). *The health you can see: Nutritional videos for the Lake Norman Community Health Clinic* [Poster presentation]. Alenda Lux Symposium, Davidson, NC.
32. Hancock, A., & **Stutts, L. A.** (2017, May). *The young and the restless: Depression, sleep, and resilience in college students* [Poster presentation]. Alenda Lux Symposium, Davidson, NC.
33. Morris, E., Schork, N., Speight, K., Twiss, A., & **Stutts, L. A.** (2017, May). *Keep it moving! A community-based intervention to increase physical activity in elementary school students* [Poster presentation]. Alenda Lux Symposium, Davidson, NC.
34. Franz, K., Haugen, P., Ruan, T., & **Stutts, L.A.** (2017, May). *Customize your workout plan: An Intervention against adverse health consequences* [Poster presentation]. Alenda Lux Symposium, Davidson, NC.
35. Koehler, K., Nagell, B., Nair, T., Wiggleton-Little, J., & **Stutts, L. A.** (2017, May). *Diverse diets at Davidson: A community-based project for Davidson students to increase access to international cuisine* [Poster presentation]. Alenda Lux Symposium, Davidson, NC.
36. **Stutts, L. A.** (2014, May). *The Socratic application: Bringing Socrates into the classroom tech-style* [Poster presentation]. Teaching Showcase at Davidson, NC.
37. Stanaland, A., & **Stutts, L. A.** (2013, July). *Posttraumatic growth in individuals with amputations* [Poster presentation]. Davidson-Furman Summer Research Conference, Davidson, NC.

EDITORIAL WORK

Ad hoc reviewer for the following journals:

Rehabilitation Psychology
Psychology, Health, and Medicine
Disability and Rehabilitation
Health Psychology and Behavioral Medicine
International Journal of Behavioral Medicine
Self and Identity
Appetite
Eating Behaviors
Journal of the Academy of Nutrition and Dietetics
Stress & Health
Applied Psychology: Health and Well-Being
Mindfulness
Patient Preference and Adherence
Journal of Adolescence
Journal of Child and Family Studies
International Journal of Psychology
Clinical Interventions in Aging
Current Psychology
Teaching of Psychology
Stigma and Health
Quality of Life Research
Motivation and Emotion
Journal of American College Health
Psychology of Popular Media
Journal of Health Care for the Poor and Underserved
Social and Personality Psychology Compass
Social Science and Medicine

INVITED PRESENTATIONS

Davidson College Presentations

- Workshop Leader/Presentations for Faculty and Staff Members
 - 2022: Having Difficult Conversations with Students Workshop (holistic advisor event)
 - 2021: Being Anti-Racist in Multicultural Classrooms (HHMI event)
 - 2020: Having Difficult Conversations/How to Be an Antiracist (HHMI event)
 - 2020: Inclusive Syllabi/Assignments x 2 (HHMI event)
 - 2020: Having Difficult Conversations with Students Workshop (holistic advisor event)
 - 2019: White Fragility Follow-up Book Discussion (HHMI event)
 - 2019: Crafting inclusive assignments for STEM faculty members (HHMI event)
 - 2019: Summer research results on college student stress and resiliency with student presenters, Luis Toledo and Emily Rounds
 - 2019: Results on college student stress and resiliency project and suggestions for STEM faculty (HHMI event)
 - 2019: Crafting inclusive syllabi for STEM faculty members (HHMI event)

- 2019: Strategies to help reticent students and how to facilitate groups of advisees (holistic advisor event)
- 2018x2: Updates on stress and resiliency project (holistic advisor events)
- 2016x2: Updates on stress and resiliency project (holistic advisor events)
- 2015: Updates on stress and resiliency project
- Workshops/Events for Students
 - 2022: How to Cope with Failure through HHMI STEM grant
 - 2020: Eco-Anxiety: How to Manage Stress about Climate Change Productively (cultivate justice workshop)
 - 2020: Panelist for Academic Support panel for prospective students
 - 2019: Presentation about Growth Mindset & Behavior Change to FIRST ACTION team (HHMI event)
 - 2017: Reducing Performance Anxiety Speaker for The Delilahs
 - 2017: Mastering Your Time Workshop
 - 2017: Ethics Bowl Facilitator on Sex and Dementia
 - 2016: Ethics Bowl Facilitator on Body Integrity Identity Disorder
 - 2016: Mastering Your Time Workshop for Pre-Medical Students
 - 2015: Ethics Bowl Facilitator on Narcotics in Medicine
- Other Events at Davidson College
 - 2023: Panelist on Social Media for Women's Coeducation Celebration
 - 2023: Panelist for Belk Scholars' Parents on the CIS program
 - 2017: Women's Leadership Conference Speaker on Women, Physical Imperfection and Disability
 - 2016: Discover Davidson Speaker on Health and Happiness: Using Positive Psychology Principles to Improve Health
 - 2016: Disability Culture Series Speaker
 - 2015: College stress and resiliency study for the Board of Visitors
 - 2015: Health and Human Values Panelist on HIV
 - 2014: Breast Cancer Event Speaker for Connor House
 - 2014: Humor Series Panelist

Community Presentations

- NEXT Conference in Charlotte, NC
 - 2023: Connect, Control, and Compassion: Thriving in Your First Year of College
- Committee on Women in Psychology in association with the Black Women's Health Imperative and the National Resource Center on Domestic Violence
 - 2020: Self-Care for Women in the time of COVID-19 for Domestic Violence Survivors
- The Pines Retirement Community, Davidson, NC
 - 2017: In Stitches: Using Positive Psychology Principles to Improve Health
 - 2013: Health and Happiness
- The Duke Endowment, Charlotte, NC
 - 2017: Updates on college Student Stress and Resiliency
 - 2017: Ethics Bowl Facilitator on Sex and Dementia
- Other Universities/Hospitals
 - 2020: Duke University on Building Resilience: Results and Recommendations from the Student Resilience and Well-Being Project

- 2014: University of Richmond on Bouncing Forward: Personality, Health, and Psychological Functioning in College Students
- 2013: East Carolina University on Health and Happiness: Positive Psychology Principles in a Medical Setting
- 2013: Save a Leg, Save a Life Foundation Conference in Orlando, FL on the psychosocial issues, depression, and the holistic approach to healing
- 2010: Medical College of Georgia on mindfulness-based interventions in Behavioral Medicine
- 2010-2012: Brooks Rehabilitation Hospital presenter on 4 separate topics: pain and stress management, sexuality in rehabilitation populations, adjustment to amputations, and positive psychology interventions for medical populations
- 2009: University of Florida for a behavioral health class on physician-patient communication and posttraumatic growth

AWARDS AND SCHOLARSHIPS

Davidson College Awards

- 2016: Engaged Scholarship Award—in recognition for having made social change accessible in scholarship and in the classroom
- 2005: Workman Psychology Award Recipient—the highest departmental award in the psychology department that commemorates excellence in teaching, research, and service
- 2003–05: McGaw Scholarship—in recognition for students possessing exceptional academic credentials and leadership ability for two years of funding
- 2001–05: Missy and John Kuykendall Scholarship—a servant leadership scholarship for four years of funding

University of Florida Awards

- 2008: Health Psychology Award for Research—in recognition for having superior research performance in the field of health psychology
- 2008: Jenny Sivinski Award for Excellence in Community Service—in recognition for effort and achievement in performing community service activities that benefit the lives of children and families in the North Central Florida community
- 2008: Outstanding Research Award—in recognition for having empirical excellence at the College of Public Health and Health Professions (PHHP) 21st Annual Research Fair for project on patient-centered outcomes for patients with facial pain and fibromyalgia
- 2007: Outstanding Research Award in recognition for having empirical excellence at the College of Public Health and Health Professions (PHHP) 20th Annual Research Fair for project on communication of Implantable Cardioverter Defibrillator recalls
- 2006: Best Symposium Presentation Award—in recognition for having the most superior and professional presentation during the Clinical Health Psychology Fall Symposium on communication of Implantable Cardioverter Defibrillator Recalls
- 2005–09: Graduate Student Alumni Fellowship—four years of guaranteed funding for doctoral program in Clinical and Health Psychology at the University of Florida

LEADERSHIP/ SERVICE ACTIVITIES

Director of the Center for Interdisciplinary Studies (2023-2025)

- Managed ~90 current CIS students and their advisors each year
- Lead multiple CIS events each semester
- Provided feedback on student theses and participated in their defenses

- Met with dozens of prospective majors
- Reviewed ~50 CIS applications each year
- Organized External Review
- Managed budget

Leadership Training (Spring 2022)

- Mid-career Advancement Pathways Program of the Associated Colleges of the South
- Attended four core workshops on professional development
- Attended three applied labs on professional development
- Participated in a monthly faculty learning community on leadership and service

Davidson College Service

- Learning Spaces, Technology, and Design Committee (2023-present)
- Chair of Anti-racism in Public Health (2021-present)
- Internal mentor for Sally Bullock (2021-present)
- External mentor for Jessica Worl (Environmental Studies (2020–present))
- Kuykendall Scholar Interviewer (2017–present)
- HHMI Core Leadership Team Member on Inclusive Excellence (2018–present)
- President of Phi Beta Kappa (2022-2023)
- Vice President of Phi Beta Kappa (2021-2022)
- Student Study and Research Committee (2020-2023)
- Student Conduct Council (2020-2023)
- Faculty Representative for the Alumni Association Board (2020-2023)
- External member of Computer Science Assistant Professor Search (2020)
- Building Student Community During Pandemic Design Team Member (2020)
- Pre-Medical Mock Interviewer (2015–2019)
- Body Project Facilitator (2018-2020)
- Premedical Advisory Committee Member (2017–2020)
- Steering Committee for Resiliency Project (2015–2019)
- HHMI Inclusive Education Grant Committee (2017)
- Co-Chair of NOAH – Organization for Pre-tenure faculty members (2015–2016)
- Gamechanger Campaign Speaker for NYC Donor Event (Spring 2015)
- Discover Davidson Science Tour Leader (Fall 2014)
- Day at Davidson Panelist (Summer 2014)
- Chair of Phi Beta Kappa Banquet Committee (Spring 2014)
- Decision Davidson Leader (Spring 2014)
- Faculty Panelist for New Faculty Orientation (Fall 2013)

Professional and Community Service

- Program Committee for ABCT (2017–present)
- Peer Mentor and Volunteer, Atrium Health, Charlotte, NC (2012–present)
- External Reviewer for a faculty member at liberal arts college (2021)
- Chair, Clinical Psychology in Liberal Arts Colleges Special Interest Group in ABCT (2020)
- Chair, Committee on Women in Psychology in the APA (2020)
- Appointed Member of the Committee on Women in Psychology in the APA (2018–2020)
- Vice-Chair, Clinical Psychology in Liberal Arts Colleges Special Interest Group in ABCT (2019)
- Chair-Elect, Committee on Women in Psychology in the APA (2019)
- Taskforce for Society of Teaching of Psychology to Integrate MCAT Concepts into Introductory

Psychology Courses (Summer 2015)

- Ronald McDonald Young Professional Society, Charlotte, NC (2014–2016)

CLINICAL EXPERIENCES

Lauren Stutts, PhD, PLLC, Cornelius, NC (2021–present)

- NC Licensed Psychologist 4307
- PSYPACT Licensed for teletherapy in these states: <https://psypact.site-ym.com/page/psypactmap>
- Part-time psychologist for assessment and intervention services in a teletherapy-only private practice
- Specialty: Clinical Health Interventions

Horizon Psychological Services, Huntersville, NC (2013–2021)

- NC Licensed Psychologist 4307
- Part-time psychologist for assessment and intervention services in a private practice
- Specialty: Clinical Health Interventions

Brooks Rehabilitation Hospital, Jacksonville, FL (2010–2012)

- FL Licensed Psychologist PY8324
- Served as a clinician for the spinal cord injury and orthopedic floors
- Conducted at least 10 health behavior assessments a week
- Provided health behavior interventions
- Coordinated weekly group health behavior interventions
- Designed and facilitated outpatient support groups for rehabilitation populations
- Collaborated with an interdisciplinary team including physicians, nurses, physical therapists, occupational therapists, speech therapists, and a chaplain

Medical College of Georgia/ VA Hospital, Augusta, GA (2009–2010)

- APA-Accredited Internship
- Health Behavior Track with a specialization in chronic pain and spinal cord injury
- Rotations: chronic pain, spinal cord injury, polytrauma, HIV/AIDS, multiple sclerosis, pediatric endocrinology, general practice, and blind rehabilitation
- Facilitated following groups: PTSD, ADHD, Mindfulness, and Quality of Life

University of Florida, Gainesville, FL (2005–2010)

- Health/Medical track rotations: chronic pain, spinal cord injury, pediatric intensive care, cardiac, and oncology
- Other rotations: general practice, primary care, child, and neuropsychology
- Facilitated following groups: weight loss groups for women, weight loss groups for children and parents, weight loss groups for college students, smoking cessation groups for veterans, and social skills group for children with ADHD

PROFESSIONAL/HONOR SOCIETIES

Association for Behavioral and Cognitive Therapies (ABCT)

- Special Interest Group for Clinical Psychologists in Liberal Arts Settings
- Special Interest Group for Eating Disorder & Eating Behavior

Mecklenburg Psychological Association

Society for the Teaching of Psychology

Phi Beta Kappa Member

Omicron Delta Kappa Member

Psi Chi Member