

LAUREN A. STUTTS

Davidson College
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EDUCATION

Brooks Rehabilitation Hospital, Jacksonville, FL (July 2010 – July 2011)

- Clinical Post-Doctoral Resident
- Specialization in medical rehabilitation populations

Medical College of Georgia/ VA Hospital, Augusta, GA (July 2009 – June 2010)

- APA-Accredited Internship
- Health Behavior Track with a specialization in chronic pain and spinal cord injury

University of Florida, Gainesville, FL (Aug 2005 – June 2010)

- PhD in Clinical Psychology, Health Track
 - Dissertation Topic: Investigating Patient and Healthcare Student Characteristics on Pain Assessment Using Virtual Human Technology
 - Advisor: Michael Robinson, Ph.D.
- MS in Clinical Psychology
 - Master's Topic: Communication of Implantable Cardioverter Defibrillator Recalls
 - Advisor: Samuel Sears, Ph.D.

Davidson College, Davidson, NC (May 2005)

- Bachelor of Science in Psychology; Medical Humanities Concentration
- Magna Cum Laude; Honors in Psychology
 - Thesis topic: Effects of Chronic Illness on Elementary School Children's and Adults' Understanding of Psychogenic Bodily Reactions
 - Advisor: Ruth Ault, Ph.D.

TEACHING POSITIONS

Assistant Professor of Health and Human Values, Davidson College (July 2017 – present)

Visiting Assistant Professor, Davidson College (Aug 2012 – June 2017)

Adjunct Faculty Member, University of North Florida (Spring 2012)

Instructor, University of Florida (Spring 2008)

Teaching Assistant, University of Florida (Fall 2007)

Teaching Assistant, Davidson College (2003-2005)

COURSES TAUGHT AND INTERESTS

Overview of Courses

Course	Location	Year
Health Psychology	Davidson College	'16 – present
The Obesity Epidemic	Davidson College	'16 – present
Writing 101: In Stitches	Davidson College	'15 – present
Medical Rehabilitation & Disability Seminar	Davidson College	'13 – present
Child Psychopathology	Davidson College	'13 – present
General Psychology	Davidson College	'12 – '15
Clinical Psychology Methods	Davidson College	'14
Educational Psychology	Davidson College	'13
Personality	Davidson College	'13
Adolescent Development	Davidson College	'12
Stress Management	University of North Florida	'12
Intro to Clinical Health Psychology	University of Florida	'08
Behavioral Health & Illness (TA)	University of Florida	'07

Other Courses of Interest

- Abnormal Psychology
- Positive Psychology

Independent Study Supervisor

- Topic: Therapy Animals (Fall 2016)
- Topic: Self-Compassion in College Students (Spring 2015)
- Topic: Care of Individuals with Amputations and Low-Cost Prosthetic Design In the Developing World (Fall 2015)
- Topic: Positive Psychology (Fall 2012)

MENTORING UNDERGRADUATES

Advisor

- Served as a CIS advisor for 4 public health students (2016 – present)
- Served as a holistic advisor for 10 students (2015 – 2017)
- Served as a major advisor for 18 students (2012 – 2015)

Research Students from Davidson College (20)

Sara Lin ('20), Seeley Yoo ('20), Kianna Speight ('19), India Little ('19), My Doan ('18), Laurel Sheffield ('18), Emma Granowsky ('18), Katherine Maulsby ('18), Allison Hancock ('17), Mary Monroe ('17), Haley Rhodes ('16), Brigid Behrens ('16), Akanksha Das ('16), Maryanne Smith ('16), Katie Farrey ('16), Grace Lee Simmons ('15), Meredith Nakano ('15), Savannah Erwin ('15), Sarah Bills ('15), Adam Stanaland ('15)

Research Students from Other Institutions (19)

Celeste Campbell ('19, Gettysburg College), Jennifer Acosta ('17, Duke University), Elizabeth Handfield ('17, Duke University), Damara Garcia-Garcia ('17, Johnson C Smith University), Natoshua Kamara ('17, Johnson C Smith University), Erin Jackson ('17, Furman University), Sarah

Mickool ('17, Furman University), Meghan Althoff ('16, Furman University), Victoria Guinn ('16, Furman University), Marleen Jones-Pool ('15, Duke University), Meredith King ('15, Duke University), Simone Lawson ('15, Johnson C Smith University), Korey Smith ('15, Johnson C Smith University), Natalie Allen ('14, Duke University), Noura Elsayed ('15, Duke University), Lewis McKeliver ('14, Johnson C Smith University), Latifia Williams ('14, Johnson C Smith University), Jason Pecorella ('15, Furman University), Caroline Mitchell ('14, Furman University)

Thesis Committee Chair (9)

- *Honors Psychology*. Katherine Maultsby (2018). You've Got a Friend in You: Interpersonal Relationships, Self-Compassion, and Psychological Health.
- *Honors Psychology*. Laurel Sheffield (2018). No Pain, No Gain? The Influence of Gender and Athletic Status on Reporting Pain in Sports.
- *Honors CIS Public Health*. Emma Granowsky (2018). Perceived Social Support and Academic Achievement in an After-School Program for "At-Risk" Youth.
- *Psychology*: Allison Hancock (2017). The Young and the Restless: Depression, Sleep, and Resilience in College Students
- *Honors Psychology*: Brigid Behrens (2016). Mind over Matter: Self-compassion, Perceptions of Health, and Health Behaviors in College Settings
- *Honors Psychology*: Akanksha Das (2016). A Bounce Break: The Effect of a Resilience Intervention on Anxiety and Performance
- *Honors Psychology*: Maryanne Smith (2016). Great Expectations: Perceived Stress of College Students and the Influence of Faculty Expectations
- *Honors CIS Public Health*: Haley Rhodes (2016). Maternal Autonomy and Child Nutritional Status in Rural Guatemala
- *Honors Psychology*: Grace Lee Simmons (2015). Let it Be: Investigating the Styles, Prevalence, and Efficacy of College Students' Use of Music as a Coping Mechanism

Students Receiving Grants

- *Kemp Grant*. Sara Lin '20
- *Abernethy Grant*. Akanksha Das '16, Emma Granowsky '18, Laurel Sheffield '18, and Katherine Maultsby '18

Mentor of Research Fellows (Summer 2017)

- Mentored two students for 10 weeks on individual projects related to college student stress and resiliency
- Trained students in the collection, analysis, and reporting of data

Summer Coordinator for Research Fellows (Summer 2014, 2015, 2016)

- Mentored eight fellows and two lab managers for 8 weeks for a collaborative summer research project
- Trained students in the collection, analysis, and reporting of data

Thesis Committee Member (17)

- Served as 2nd chair:
 - Catherine Lowenthal and Kathryn Kemp (2014-2015)
 - Grace Ballek, Sarah Bills, and Savannah Erwin (2013-2014)
- Served as a 3rd committee member:
 - Katherine Little (2017-2018)

- Gillian Highet (2016-2017)
- Lauren Malachowski and Gaylen Fronk (2015-2016)
- Brooke Curtin, Mel Giegerich, Julia Barlis, and Monica Nelson (2014-2015)
- Daniel Peek, Nick Evans, Paige Logan, and Tyler McFayden (2013-2014)

Mentor of Research Fellow (Summer 2013)

- Mentored a student for 10 weeks for a collaborative summer research project
- Trained student in the collection, analysis, and reporting of data

RESEARCH AREAS

Adjustment and Positive Outcomes in Rehabilitation Populations

Stress and Resiliency in College Students

GRANTS

National Institutes of Health/Small Business Innovation Research (Under Review)

- Requested \$146,753.13
- Contributed to the grant proposal along with Tabitha Peck (Davidson), Austin Hayes (Recovr), and Larry Hodges (Clemson University)
- Grant topic: MAVEN (Mindfulness and Attention in Virtual Environments to reduce paiN): A virtual reality intervention to reduce pain and anxiety in individuals with Parkinson's Disease

Associated Colleges of the South Grant (2018)

- Awarded \$27,145 for the full proposal and \$2000 for pre-proposal costs
- Contributed to the grant proposal along with Laura Sockol (Davidson), Sundi Richard (Davidson), Laura Knouse (University of Richmond), and Bill Ellison (Trinity University)
- Grant topic: Blended Inclusion: Innovative Pedagogy in Clinical Psychology Research Methods and Statistics for Diverse Students
- Grant themes: 1) Innovation Instruction and 2) Diversity and Inclusion

Duke Endowment Resiliency Grant (2013-2018)

- Awarded \$3.4 million across Duke, Davidson, Furman, and Johnson C. Smith University to conduct a project on college student resiliency
- Contributed to the grant proposal along with Dean of Students office, counseling office, and chair of psychology department
- Responsible for data collection at Davidson College and organizing undergraduate involvement in this research

Faculty Study & Research Grant, Davidson College (2017)

- Awarded \$4000 to conduct research in the summer on college student stress and resiliency

Center for Civic Engagement Teaching Grant (2015)

- Awarded \$1500 to add service learning to my Obesity Epidemic and Health Psychology courses

North American Research Committee on Multiple Sclerosis Grant (2014-2016)

- Interdisciplinary grant on “Social Participation and Emotional Well-Being of Patients with Multiple Sclerosis
- Contributed to the grant proposal along with a colleague in Economics (Alicia Sparling), a colleague in Medical Humanities (Marleen Eijkholt) and an undergraduate student (Haley Sanner '15)
- Responsible for contributing to literature review, methods, and analysis

Center for Civic Engagement Teaching Grant (2013)

- Awarded \$1500 to add service learning to my Educational Psychology course

Faculty Study & Research Grant, Davidson College (2013)

- Awarded \$3500 to conduct research in the summer on posttraumatic growth in individuals with amputations

American Pain Society Young Investigator Travel Award (2008)

- Awarded \$800 to travel to Tampa, FL to present two posters for the 27th Annual American Pain Society Conference

National Research Science Award, University of Florida (2007)

- Awarded an NRSA titled “Efficacy of a Positive Psychology Intervention on Implantable Cardioverter Defibrillator Patients”
- Declined award because sponsored mentor, Samuel Sears, Ph.D., transitioned to East Carolina University

Psychology Departmental Research Grant, Davidson College (2005)

- A stipend to conduct research over the summer for senior thesis
- Thesis: Effects of Illness on Understanding of Psychogenic Bodily Reactions

PUBLICATIONS

Under Review

Maultsby, K. D.*, & **Stutts, L. A.** (under review). A longitudinal examination of study abroad: Student characteristics and the impact on psychological health. *Journal of College Student Development*.

Stutts, L. A., Speight, K. L.*, Yoo, S.*, & Little, I. D.* (under review). Positive psychological predictors of psychological health in individuals with Parkinson’s Disease. *Psychology, Health, and Medicine*.

Books

Stutts, L. A. (2016). *Childhood and adolescent obesity*. New York: Momentum Press.

Publications

Stutts, L. A., & Blomquist, K. K. (in press). The moderating role of self-compassion on weight and shape concerns and eating pathology: A longitudinal study. *International Journal of Eating Disorders*.

Stutts, L. A., Leary, M. R., Zeveney, A. S., & Hufnagle, A. S. (in press). A longitudinal analysis of

- the relationship between self-compassion and the psychological effects of perceived stress. *Self and Identity*. (Abstract was one of 14 selected out of 40 to submit a manuscript to special issue)
- Stutts, L. A.** (2018). Pain. In J. S. Kreutzer, J. DeLuca & B. Caplan (Eds.), *Encyclopedia of Clinical Neuropsychology*. New York, NY: Springer.
- Robinson, P. A., Orroth, K. K., **Stutts, L. A.**, Baron, P. A., & Wessner, D. R. (2018). An outbreak of public and global health education in undergraduate liberal arts colleges. *American Journal of Tropical Medicine and Hygiene*, *98*, 1228 – 1233.
- Stutts, L. A.** (2018). Class, please take out your smartphone: Using phone applications to increase student engagement. In R. J. Harnish, K. R. Bridges, D. N. Sattler, M. L. Signorella, & M. Munson (Eds.), *The Use of Technology in Teaching and Learning* (pp. 276 - 283). Retrieved from the Society for the Teaching of Psychology website: <http://teachpsych.org/ebooks/>
- Sparling, A., **Stutts, L. A.**, Sanner, H.* , & Eijkholt, M. (2017). In-person and online social participation and emotional health in individuals with Multiple Sclerosis. *Quality of Life Research*, *26*, 3089-3097.
- Stempleman, L.M., Lopez, E. J., **Stutts, L. A.**, Hudson, W. H., Rutter-Goodworth, M. C., & Rahn, R. (2016). Physician-patient communication about sexual functioning in patients with multiple sclerosis. *Sexuality and Disability*, *34*, 239-254.
- Stutts, L. A.** (2016, Spring/Summer). Rolling on up: Psychological adjustment to aging with spinal cord injury. *Spinal Cord Injury Special Interest Group Newsletter*. Retrieved from: <http://www.neuropt.org/special-interest-groups/spinal-cord-injury/newsletters>
- Stutts, L. A.**, & Stanaland, A.* (2016). Posttraumatic growth in patients with amputations. *Disability and Health Journal*, *9*, 167-171. doi: 10.1016/j.dhjo.2015.07.005.
- Stutts, L. A.**, Bills, S. E.,* Erwin, S. R.,* & Good, J. J. (2015). Coping and posttraumatic growth in women with limb amputations. *Psychology, Health, & Medicine*, *9*, 1 -11. doi:10.1080/13548506.2015.1009379
- Stutts, L.A.** (2011). Pain sensitivity. In S. Goldstein & J. Naglieri (Eds.), *Encyclopedia of Child Behavior and Development*. New York, NY: Springer.
- Stutts, L.A.**, Hirsh, A.T., George, S.Z., & Robinson, M.E. (2010). Investigating patient characteristics on pain assessment using virtual human technology. *European Journal of Pain*, *14*, 1040-1045.
- Wandner, L.D., **Stutts, L.A.**, Alqudah, A.F., Craggs, J.G., Scipio, C.D., Hirsh, A.T., & Robinson, M.E. (2010). Virtual human technology: Patient demographics and healthcare training factors in pain observation and treatment recommendations. *Journal of Pain Research*, *3*, 241-247.
- Alqudah, A.F., Hirsh, A.T., **Stutts, L.A.**, Scipio, C.D., & Robinson, M.E. (2010). Sex and race differences in rating others' pain, pain-related negative mood, pain coping, and recommending medical help. *Journal of Cybertherapy and Rehabilitation*, *3*, 63-70.
- Stutts, L.A.**, McCulloch, R.C., Chung, K., & Robinson, M.E. (2009). Sex differences in prior pain experience. *Journal of Pain*, *10*, 1226-30.
- Stutts, L.A.**, Robinson, M. E., McCulloch, R.C., Banou, E., Gremillion, H.A., Waxenberg, L.B., & Staud, R. (2009). Patient centered outcome criteria for successful treatment of facial pain and fibromyalgia. *Journal of Orofacial Pain*, *23*, 47– 53.
- Hirsh, A.T., Alqudah, A.F., **Stutts, L.A.**, & Robinson, M.E. (2008). Virtual human technology: Capturing sex, race, and age influences in individual pain decision policies. *Pain*, *140*, 231-238.

- Stutts, L. A.,** Conti, J. B., Aranda, J. M., Miles, W. M., Burkart, T.A., & Sears, S.F. (2007). Patient evaluation of ICD recall communication strategies: A vignette study. *Pacing and Clinical Electrophysiology*, 30, 1105-1111.
- Stutts, L. A.,** Cross, N. J., Conti, J. B., & Sears, S. F. (2007). Examination of research trends in Implantable Cardioverter Defibrillator Patients. *Clinical Cardiology*, 30, 64-68.
- Sears, S.F., **Stutts, L.A.,** Aranda, J.M., Handberg, E.M., & Conti, J. B. (2006). Managing congestive heart failure patient factors in the device era. *Congestive Heart Failure*, 12(6), 335-40.

* indicates undergraduate student/graduate student

CONFERENCE PRESENTATIONS/POSTERS

Symposia/Panel Presentations at National Conferences

- Stutts, L. A.** (2018, February). *Inclusive pedagogy in Rehabilitation Psychology*. Symposia Presentation at the Rehabilitation Psychology Conference, Dallas, TX.
- Lootens, C., Markowitz, S., Blomquist, K., Knouse, L., Bell, K., & **Stutts, L. A.** (2016, October). *Preparing the next generation of scientist-practitioners: Disseminating CBT principles in undergraduate teaching*. Panel Presentation at the Association for Behavior and Cognitive Therapies, New York, NY.
- Eijkholt, M., **Stutts, L. A.,** Sparling, A. (2016, April). *Health, honesty, and happiness: Authentic true selves in online and in-person interactions of Multiple Sclerosis patients*. Flash Presentation at the Arts and Humanities Conference, Cleveland, OH.
- Stutts, L.A.,** Nierenberg, B., & Mayersohn, G. (2015, February). *Posttraumatic growth in rehabilitation populations*. Symposia Presentation for Rehabilitation Psychology Conference, San Diego, CA.
- Kim, S., **Stutts, L.A.,** Lee, E., & Andrews, E. (2015, February). *Redefining disability: Diversity, multiculturalism, and intersectionality*. Symposia Presentation for Rehabilitation Psychology Conference, San Diego, CA.

Poster Presentations and Local Symposia Presentations (63 students as co-authors)

- Maultsby, K. & **Stutts, L. A.** (2018, May). *You've got a friend in you: Interpersonal relationships, self-compassion, and psychological health*. Poster Presentation at the Alenda Lux Symposium, Davidson, NC.
- Sheffield, L., & **Stutts, L. A.** (2018, May). *No pain, no gain? The influence of gender and athletic status on reporting pain in sports*. Poster Presentation at the Alenda Lux Symposium, Davidson, NC.
- Granowsky, E., & **Stutts, L. A.** (2018, May). *Perceived social support and academic achievement in an after-school program for "at-risk" youth*. Poster Presentation at the Alenda Lux Symposium, Davidson, NC.
- Kane, C., Robinson, J., Yang, E., & **Stutts, L. A.** (2018, May). *Charlotte corner stores as sites for health intervention*. Poster Presentation at the Alenda Lux Symposium, Davidson, NC.
- Coggin, W., Johnston, H., Polgrean, B., & **Stutts, L. A.** (2018, May). *Cornerstones of community wellness: Food availability and attitudes in Charlotte corner stores*. Poster Presentation at the Alenda Lux Symposium, Davidson, NC.
- Carpenter, K., Douglas, A., Van Susteren, P., & **Stutts, L. A.** (2018, May). *Simple, healthy, and fun snacks for kids: A community-based intervention at the Community School of Davidson*. Poster Presentation at the Alenda Lux Symposium, Davidson, NC.
- Messing, J., Pomerantz, A., Swearingen, I., & **Stutts, L. A.** (2018, May). *The health you can see:*

- Nutritional videos for the Lake Norman Community Health Clinic.* Poster Presentation at the Alenda Lux Symposium, Davidson, NC.
- Zeveney, A. S., Hufnagle, A. S., Leary, M. R., & **Stutts, L. A.** (2018, Mar). *A longitudinal analysis of the relationship between self-compassion and the effects of life stress on depression, anxiety, and negative affect.* Poster Presentation at Society for Personality and Social Psychology, Atlanta, GA.
- Stutts, L. A.**, Speight, K. *, Yoo, S. *, & Little, I*. (2018, Feb). *Positivity and Parkinson's: The relationship between self-compassion, optimism, posttraumatic growth, and psychological health in individuals with Parkinson's Disease.* Poster Presentation at the Rehabilitation Psychology Conference, Dallas, TX.
- Maultsby, K. D. *, & **Stutts, L. A.** (2017, Nov). *Say Ciao to your stress: Effects of studying abroad on perceived stress, depression, and positive affect.* Poster Presentation at the American Behavioral and Cognitive Therapies conference, San Diego, CA.
- Hancock, A. *, & **Stutts, L. A.** (2017, May). *The young and the restless: Depression, sleep, and resilience in college students.* Poster Presentation at the Alenda Lux Symposium, Davidson, NC.
- Morris, E. *, Schork, N. *, Speight, K. *, Twiss, A. *, & **Stutts, L. A.** (2017, May). *Keep it moving! A community-based intervention to increase physical activity in elementary school students.* Poster Presentation at the Alenda Lux Symposium, Davidson, NC.
- Franz, K. *, Haugen, P. *, Ruan, T. *, & **Stutts, L.A.** (2017, May). *Customize your workout plan: An Intervention against adverse health consequences.* Poster Presentation at the Alenda Lux Symposium, Davidson, NC.
- Koehler, K. *, Nagell, B. *, Nair, T. *, Wiggleton-Little, J. *, & **Stutts, L. A.** (2017, May). *Diverse diets at Davidson: A community-based project for Davidson students to increase access to international cuisine.* Poster Presentation at the Alenda Lux Symposium, Davidson, NC.
- Simmons, G. L. *, & **Stutts, L.A.** (2016, October). *Let it be: An investigation of college students' use of music as a coping mechanism.* Poster Presentation at the Association for Behavior and Cognitive Therapies, New York, NY.
- Hancock, A. *, Guinn, V. *, & **Stutts, L. A.** (2016, October). *Can't stop the feeling: Self-control, psychological functioning, & resilience in college students.* Poster Presentation at the Association for Behavioral and Cognitive Therapies, New York, NY.
- Das, A. *, & **Stutts, L. A.** (2016, October). *A bounce break: The effect of a resilience intervention on anxiety and performance.* Poster Presentation at the Association for Behavioral and Cognitive Therapies, New York, NY.
- Acosta, J. *, Leary, M., Guinn, V. *, & **Stutts, L. A.** (2016, July). *First in the family: Exploring social and psychological variables across generational status in college students.* Symposia Presentation at The Duke Endowment Research Conference, Charlotte, NC.
- Garcia-Garcia, D. *, Terrell, D., Guinn, V. *, & **Stutts, L. A.** (2016, July). *Internet zombies: Problematic internet use, feelings of belonging, & self-control in college students.* Symposia Presentation at The Duke Endowment Research Conference, Charlotte, NC.
- Hadfield, E. *, Hoyle, R., Guinn, V. *, & **Stutts, L. A.** (2016, July). *The young & the friendless: Social connection, belonging, & loneliness in second-year college students.* Symposia Presentation at The Duke Endowment Research Conference, Charlotte, NC.
- Hancock, A. *, Guinn, V. *, & **Stutts, L. A.** (2016, July). *Can't stop the feeling: Self-control, psychological functioning, & resilience in college students.* Symposia Presentation at The Duke Endowment Research Conference, Charlotte, NC.
- Jackson, E. *, Blomquist, K., Guinn, V. *, & **Stutts, L. A.** (2016, July). *Model behavior: How the*

- Interpersonal Model predicts disordered eating behaviors in first-year students.*
Symposia Presentation at The Duke Endowment Research Conference, Charlotte, NC.
- Kamara, N.,* Terrell, D., Guinn, V., & **Stutts, L. A.** (2016, July). *A spoon full of sugar? Sweetened beverage intake, healthy eating behaviors, & BMI in the first two years of college.* Symposia Presentation at The Duke Endowment Research Conference, Charlotte, NC.
- Mickool, S.*, Stetler, C., Guinn, V.,* & **Stutts, L. A.** (2016, July). *The early bird gets the Worm? Circadian preference, sleep, & academic outcomes in college students.* Symposia Presentation at The Duke Endowment Research Conference, Charlotte, NC.
- Monroe, M.,* Guinn, V.,* & **Stutts, L. A.** (2016, July). *Just keep swimming: Optimism, self-compassion, & self-esteem in predicting resilience in college students.* Symposia Presentation at The Duke Endowment Research Conference, Charlotte, NC.
- Guinn, V.,* Monroe, M.,* Hancock, A.,* Kamara, N.,* Acosta, J.*, Garcia-Garcia, D.,* Hadfield, E.,* Jackson, E.,* Mickool, S.*, & **Stutts, L. A.** (2016, July). *Major changes: An examination of the second year of college.* Symposia Presentation at The Duke Endowment Research Conference, Charlotte, NC.
- Fair, C., Powers, A., & **Stutts, L. A.** (2016, March). *Undergraduate public health research in liberal arts contexts: A model of cross-institutional collaboration.* Poster Presentation at the Undergraduate Public Health and Global Health Education Summit, Arlington, VA.
- Stutts, L. A.**, Farrey, K.*, Simmons, G.*, Sanner, H.*, & Sparling, A. (2016, February). *Support in the digital age: Examination of online vs. face-to-face social interaction on mood in individuals with Multiple Sclerosis.* Poster Presentation at the Rehabilitation Psychology Conference, Atlanta, GA.
- Althoff, M.*, Simmons, G.*, Pontari, B., & **Stutts, L.A.** (2015, July). *Step away from the mirror: Contingency of self-worth of appearance and social rejection in first-year college students.* Symposia Presentation at The Duke Endowment Research Conference, Charlotte, NC.
- Behrens, B.*, Simmons, G.,* & **Stutts, L. A.** (2015, July). *Treat yo self: Examining self-compassion, self-regulation, and resilience over the first year of college.* Symposia Presentation at The Duke Endowment Research Conference, Charlotte, NC.
- Guinn, V.*, Stetler, C., George, M.*, & **Stutts, L. A.** (2015, July). *Sleep the stress away? A prospective study of the bidirectional relationship between sleep and stress.* Symposia Presentation at The Duke Endowment Research Conference, Charlotte, NC.
- Jones-Pool, M.*, Asher, S., Staley, S., Weeks, M., George, M.*, & **Stutts, L. A.** (2015, July). *This is where I'm meant to be: Influences of belonging in the transition to college.* Symposia Presentation at The Duke Endowment Research Conference, Charlotte, NC.
- Lawson, S.*, Simmons, G.*, Terrell, D., & **Stutts, L. A.** (2015, July). *Active body, active mind: Examining physical activity, academic engagement, and stress in first-year college students.* Symposia Presentation at The Duke Endowment Research Conference, Charlotte, NC.
- King, M.*, George, M.*, Strauman, T., & **Stutts, L. A.** (2015, July). *I got this! (Or not): Self-efficacy, coping, and psychological health.* Symposia Presentation at The Duke Endowment Research Conference, Charlotte, NC.
- Smith, K.*, George, M.*, Terrell, D., & **Stutts, L. A.** (2015, July). *Turn off the lights: Examining the relationship between electronic device use and sleep among first-year college students.* Symposia Presentation at The Duke Endowment Research Conference, Charlotte, NC.
- Smith, M.,* Simmons, G.*, & **Stutts, L. A.** *Optimizing optimism: Positive thinking, loneliness, and resiliency in first-year college students.* Symposia Presentation at The Duke Endowment Research Conference, Charlotte, NC.

- Simmons, G.* , George, M.* , **Stutts, L. A.**, Althoff, M.* , Behrens, B.* , Guinn, V.* , Jones-Pool, M.* , King, M.* , Lawson, S.* , Smith, K.* , Smith, M.* & (2015, July). *Bouncing forward: Examining stress and resiliency in first-year college students*. Symposia Presentation at The Duke Endowment Research Conference, Charlotte, NC.
- Sparling, A., Sanner, H.* , **Stutts, L.A.** (2015, July). *Social participation and emotional well-being in individuals with Multiple Sclerosis*. Poster presentation for the International Health Economic Association. Milan, Italy.
- Stutts, L. A.**, & Lacy, R. (2015, January). *Class, please take out your smartphones: Using a phone application to increase student engagement*. Presentation at the Winthrop Conference on Teaching and Learning, Rock Hill, SC.
- Allen, N.* , Leary, M., Weeks, M., George, M., & **Stutts, L. A.** (2014, July). *What does not kill us might not make us stronger: Examining adversity in college students*. Poster Presentation at the Davidson-Furman Summer Research Conference, Greenville, SC.
- Elsayed, N.* , Asher, S., Weeks, M., George, M., & **Stutts, L.A.** (2014, July). *First generation college students, academic integration, and emotional and social integration*. Poster Presentation at the Davidson-Furman Summer Research Conference, Greenville, SC.
- McKeliver, L.* , Bledsoe-Gardner, A., & **Stutts, L.A.** (2014, July). *Ethnic differences in values and coping styles in college students*. Poster Presentation at the Davidson-Furman Summer Research Conference, Greenville, SC.
- Mitchell, C.* , Pontari, B., & **Stutts, L.A.** (2014, July). *Openness, coping, and well-being in college students*. Poster Presentation at the Davidson-Furman Summer Research Conference, Greenville, SC.
- Nakano, M.* , & **Stutts, L.A.** (2014, July). *You've got a friend in me: Quality and quantity of friendships and loneliness in college students*. Poster Presentation at the Davidson-Furman Summer Research Conference, Furman University, SC.
- Pecorella, J.* , Stetler, C., & **Stutts, L.A.** (2014, July). *Lately, I've been losing sleep: Sleep's relationship with resilience in college students*. Poster Presentation at the Davidson-Furman Summer Research Conference, Greenville, SC.
- Simmons, G.L.* , & **Stutts, L.A.** (2014, July). *Keep calm and carry on: Investigating coping strategies and psychological health in college students*. Poster Presentation at the Davidson-Furman Summer Research Conference, Greenville, SC.
- Stutts, L.A.**, Allen, N.* , Elsayed, N.* , McKeliver, L.* , Mitchell, C.* , Nakano, M.* , Pecorella, J.* , Simmons, G.L.* , & Williams, L.* (2014, July). *Meet the parents: Exploring parent reports of student characteristics and parental goals and roles*. Poster Presentation at the Davidson-Furman Summer Research Conference, Greenville, SC.
- Williams, L.* , Bledsoe-Gardner, A., & **Stutts, L.A.** (2014, July). *You are what you eat: The relationship between sense of belonging and making healthy choices in college students*. Poster Presentation at the Davidson-Furman Summer Research Conference, Greenville, SC.
- Stutts, L. A.** (2014, May). *The Socratic application: Bringing Socrates into the classroom tech-style*. Poster Presentation at Teaching Showcase at Davidson, NC.
- Stutts, L. A.**, & Stanaland, A.* (2014, March). *Posttraumatic growth in individuals with amputations*. Poster Presentation at the Rehabilitation Psychology Conference, San Antonio, TX.
- Stanaland, A.* , & **Stutts, L. A.** (2013, July). *Posttraumatic growth in individuals with amputations*. Poster Presentation at the Davidson-Furman Summer Research Conference, Davidson College, NC.
- Stutts, L.** (2013, May). *The psychosocial issues, depression, and the holistic approach to healing*. Presentation at the Save a Leg Save a Life Foundation, Orlando, FL.

- Stupleman, L., **Stutts, L.**, Hudson, W. H., Rutter, M.C., & Williams, M. J. (2010, October). *Physician-patient communication about sexual functioning in patients with multiple sclerosis*. European Committee for Treatment and Research in Multiple Sclerosis Conference; Gothenburg, Sweden.
- Wandner, L., **Stutts, L. A.**, Alqudah, A. F., Craggs, J., Scipio, C., Hirsh, A. T., & Robinson, M. E. (2010, August). *Virtual human technology: Patient demographics and health care training factors in pain observation and treatment recommendations*. International Association for the Study of Pain Conference, Montreal, Canada.
- Stutts, L. A.**, Hirsh, A. T., George, S. Z., & Robinson, M.E. (2010, May). *The influence of patient characteristics on pain assessment: An investigation using virtual human technology*. Paper Presentation at the American Pain Society Conference, Baltimore, MD.
- Stutts, L. A.**, McCulloch, R. C., Chung, K., Banou, E., Robinson, M. E. (2009, May). *Sex differences in prior pain experience*. Poster Presentation at the American Pain Society Conference, San Diego, CA.
- Stutts, L.A.**, Banou, E., McCulloch, R.C., Craggs, J.G., Waxenberg, L.B., Gremillion, H., & Robinson, M.E. (2008, May). *Incorporating the facial pain patient's perspective into treatment: Comparisons across three pain groups*. Poster Presentation at the American Pain Society Conference, Tampa, FL.
- Robinson, M.E., Alqudah, A.F., Hirsh, A.T., and **Stutts, L.A.** (2008, May). *Sex and race differences in rating others' pain, pain-related negative mood, pain coping, and need for medical treatment*. Poster Presentation at the American Pain Society Conference, Tampa, FL.
- Stutts, L.A.**, Robinson, M.E., McCulloch, R.C., Banou, E., Gremillion, H.A., Waxenberg, L.B., & Staud, R. (2008, April). *Patient-centered outcomes for facial pain and fibromyalgia Patients*. Poster Presentation at the College of Public Health and Health Professions 2008 Research Day, Gainesville, FL.
- Stutts, L.A.**, Conti, J. B., Aranda, J.M., Miles, W.M., Burkart, T.A., & Sears, S.F. (2007, April). *Communication of Implantable Cardioverter Defibrillator recalls*. Poster Presentation at the College of Public Health and Health Professions 2007 Research Day, Gainesville, FL.
- Cross, N., Vazquez Sowell, L., **Stutts, L.**, Smith, K., Miles, W., Conti, J., McCrae, C., & Sears, S. (2006, June). *Secondary insomnia, depressive symptoms, and sleep self-efficacy in cardiovascular disease patients*. Poster Presentation at the Associated Professional Sleep Societies Conference, Salt Lake City, UT.

INVITED PRESENTATIONS

Lunch & Learn for Holistic Advisors (Spring 2018)

- Topic: Stress and resiliency in college students

Ethics Bowl Speaker, Davidson College (Fall 2017)

- Topic: Sex and Dementia

The Pines Speaker (Fall 2017)

- Topic: In stitches: Using positive psychology principles to improve health.

Research Symposium Speaker at The Duke Endowment (Summer 2017)

- Topic: Study abroad and psychological health in college students
- Topic: Election and psychological health in college students
- Topic: Self-compassion and psychological health in college students

Women's Leadership Conference Presenter (Spring 2017)

- Topic: Women, Physical Imperfection, and Disability

All-Campus Stress and Resiliency Speaker (Spring 2017)

- Topic: The Agony and the Ecstasy: Two Year Results from the Student Stress and Resiliency Project

Ethics Bowl Speaker, Davidson College (Fall 2016)

- Topic: Identity and Disability: A Discussion of Body Integrity Identity Disorder

Discover Davidson Speaker, Davidson College (Fall 2016)

- Topic: Health and Happiness: Using Positive Psychology Principles to Improve Health

Disability Culture Series Speaker, Davidson College (Fall 2016)

- Topic: Disability Culture History

Pre-Medical Student Presenter, Davidson College (Fall 2016)

- Topic: Mastering Your Time: Reducing Procrastination and Increasing Productivity

2nd Year Holistic Advisors Speaker, Davidson College (Fall 2016)

- Topic: Results from college student study and recommendations for advisors

1st Year Holistic Advisors Speaker, Davidson College (Fall 2016)

- Topic: Results from college student study and recommendations for advisors

Ethics Bowl Speaker, Davidson College (Spring 2015)

- Topic: Narcotics in Medicine

Student Life Staff Speaker, Davidson College (Spring 2016)

- Topic: College stress and resiliency study

1st Year Holistic Advisor Speaker, Davidson College (Fall 2015)

- Topic: Results from college student study and recommendations for advisors

Board of Visitors Speaker, Davidson College (Spring 2015)

- Topic: College stress and resiliency study to the Board of Visitors

Health and Human Values Panelist, Davidson College (Spring 2015)

- Shared psychological perspective for individuals who experience HIV during child and adolescent development

Psychology Department Presenter, Davidson College (Fall 2014)

- Topic: Bouncing Forward: Personality, Health, and Psychological Functioning in Pre-Matriculation College Students

Psychology Department Presenter, University of Richmond (Fall 2014)

- Topic: Bouncing Forward: Personality, Health, and Psychological Functioning in Pre-Matriculation College Students

Breast Cancer Event Speaker, Davidson College (Fall 2014)

- Topic: Psychological Aspects of Breast Cancer as part of Connor House activities for Breast Cancer Awareness Month

Humor and..... Series Panelist, Davidson College (Fall 2014)

- Topic: Humor, Health, and Happiness for Humor Series

The Pines, Davidson, NC (2013)

- Topic: “Health and Happiness” to retirement community

Doctoral Psychology Student Speaker, East Carolina University (Fall 2013)

- Topic: Health and Happiness: Positive Psychology Principles in a Medical Setting

Hospital Staff Guest Lecturer, Brooks Rehabilitation Hospital (2010 – 2012)

- Pain and Stress Management
- Sexuality in Rehabilitation Populations
- Adjustment to Amputations
- Positive psychology Interventions for Medical Populations

Grand Rounds Presenter for Hospital Staff, Medical College of Georgia (Spring 2010)

- Topic: Mindfulness-based Interventions in Behavioral Medicine

Behavioral Health Class Guest Lecturer, University of Florida (Spring 2009)

- Physician-Patient Communication
- Posttraumatic Growth

AWARDS AND SCHOLARSHIPS

Engaged Scholarship Award, Davidson College (2016)

- In recognition for having made social change accessible in scholarship and in the classroom

Health Psychology Award for Research, University of Florida (2008)

- In recognition for having superior research performance in the field of health psychology

Jenny Sivinski Award for Excellence in Community Service (2008)

- In recognition for effort and achievement in performing community service activities that benefit the lives of children and families in the North Central Florida community

Outstanding Research Award, University of Florida (2008)

- In recognition for having empirical excellence at the College of Public Health and Health Professions (PHHP) 21st Annual Research Fair
- Research topic: Patient Centered Outcomes for Facial Pain and Fibromyalgia Patients

Outstanding Research Award, University of Florida (2007)

- In recognition for having empirical excellence at the College of Public Health and Health Professions (PHHP) 20th Annual Research Fair
- Research topic: Communication of Implantable Cardioverter Defibrillator Recalls

Best Symposium Presentation Award, University of Florida (2006)

- In recognition for having the most superior and professional presentation during the Clinical Health Psychology Fall Symposium
- Research topic: Communication of Implantable Cardioverter Defibrillator Recalls

Graduate Student Alumni Fellowship, University of Florida (2005-2009)

- Four years of guaranteed funding

Workman Psychology Award Recipient, Davidson College (2005)

- The highest departmental award in the psychology department that commemorates excellence in teaching, research, and service

McGaw Scholar, Davidson College (2003-2005)

- A scholarship for students possessing exceptional academic credentials and leadership ability for two years of funding

Missy and John Kuykendall Scholar, Davidson College (2001-2005)

- A servant leadership scholarship for four years of funding

LEADERSHIP/ SERVICE ACTIVITIES

Appointed Member of the Committee on Women in Psychology in the APA (2018 – 2020)

Premedical Advisory Committee Member (2017 – present)

Program Committee for ABCT (2017 – present)

Steering Committee for Resiliency Project (2015 – present)

Peer Mentor, Carolinas Medical Center, Charlotte, NC (2012-present)

HHMI Inclusive Education Grant Committee (2017)

Chair of NOAH – Organization for Pre-tenure faculty members (2015-2016)

Pre-Medical Mock Interviewer (Fall 2015)

Taskforce for Society of Teaching of Psychology to Integrate MCAT Concepts into Introductory Psychology Courses (Summer 2015)

Gamechanger Campaign Speaker for NYC Donor Event (Spring 2015)

Ronald McDonald Young Professional Society, Charlotte, NC (2014 – 2016)

Discover Davidson Science Tour Leader (Fall 2014)

Chair of Phi Beta Kappa Banquet Committee (Spring 2014)

Decision Davidson Leader (April 2014)

Diversity Committee, Medical College of Georgia (2009-2010)

Medical Psychology Organizer, University of Florida (2007-2008)

Graduate Student Council Representative, University of Florida (2007-2008)

Travel Grants Chair, University of Florida (2006-2008)

President – Psi Chi, Davidson College (2004-2005)

President – Omicron Delta Kappa, Davidson College (2004-2005)

CLINICAL EXPERIENCES

Horizon Psychological Services, Huntersville, NC (January 2013 – Present)

- NC Licensed Psychologist 4307
- Part-time psychologist for assessment and intervention services in a private practice
- Assessments: General Clinical Interview, Health Behavior Assessments, Bariatric Surgery Evaluations, and Neuropsychological Assessments
- Interventions: Health Behavior Interventions, Individual and Group Psychotherapy

Brooks Rehabilitation Hospital, Jacksonville, FL (July 2011 – July 2012)

- FL Licensed Psychologist PY8324
- Served as a clinician for the spinal cord injury and orthopedic floors
- Conducted at least 10 health behavior assessments a week
- Provided health behavior interventions such as pain rehabilitation, adjustment to illnesses, smoking cessation, and weight loss, among others
- Coordinated weekly group health behavior interventions for patients with spinal cord injuries and amputations
- Designed and facilitated monthly outpatient support groups for rehabilitation populations
- Collaborated with an interdisciplinary team including physicians, nurses, physical therapists, occupational therapists, speech therapists, and a chaplain

Medical College of Georgia/ VA Hospital, Augusta, GA (July 2009 – June 2010)

- APA-Accredited Internship
- Health Behavior Track with a specialization in chronic pain and spinal cord injury
- Medical rotations: chronic pain, spinal cord injury, polytrauma, HIV/AIDS, multiple sclerosis, and pediatric endocrinology
- Other rotations: general practice and blind rehabilitation
- Facilitated following groups: PTSD, ADHD, Mindfulness, and Quality of Life

University of Florida, Gainesville, FL (Aug 2005 – June 2010)

- Health/Medical track rotations: chronic pain, spinal cord injury, pediatric intensive care, cardiac, and oncology
- Other rotations: general practice, primary care, child, and neuropsychology
- Facilitated following groups: Weight loss groups for women, weight loss groups for children and parents, weight loss groups for college students, smoking cessation groups for veterans, and social skills group for children with ADHD

PROFESSIONAL/HONOR SOCIETIES

Association for Behavioral and Cognitive Therapies (2015 – present)

- Special Interest Group for Clinical Psychologists in Liberal Arts Settings
- Special Interest Group for Eating Disorders and Obesity
- Special Interest Group for Behavioral Medicine and Primary Care

Mecklenburg Psychological Association (2012 – present)

North Carolina Psychological Association (2012-present)

American Psychological Association (2005-present)

- Member of Division 2 - Society for the Teaching of Psychology
- Member of Division 22 - Rehabilitation Psychology
- Member of Division 38 - Health Psychology

Phi Beta Kappa Member (2005-present)

Omicron Delta Kappa Member (2004-present)

Psi Chi Member (2003-present)